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TNT SOARS AGAIN

Club Wins National Masters Indoor Championships

The TNT International Racing Club won the team championship at the USA Masters Indoor Track & Field Championships in Bloomington, Ind., in March.

TNT, based at Lincoln University, racked up 534 points to beat out second-place Southern California Track Club with 481 points and the Atlanta Track Club with 310. Another Mid-Atlantic Association club, the Athena Track Club, placed eight with 111 points.

The victory adds the indoor crown to the outdoor title that TNT took from the perennial powerhouse Southern California club last July at the 2011 USA Masters Outdoor Track & Field Championships.

Before being toppled by TNT, the Southern California club had won the indoor title six of the previous seven years, and the outdoor title three years in a row.

TNT President **Kyle Lanier** called it the
(Continued on page 2)



Photo by Gregory Coats
TNT's Jill Cypress triple-jumps to gold in the 35-39 age division.

Athena Breaks World Records

W50 Teams Set Relay Marks; Jasper Takes World Title

With two world records and a world title, the Athena Track Club is off to a fast start – a very fast start – on the track this year.

In February, an Athena quartet with two Philadelphia-area members beat the listed world record for the indoor 4x400 meters in the 50-59 age division at the Millrose Games in the Armory in New York City. The team of **Debra Hoffman, Lorraine Jasper,**

Julie Hayden and **Cheryl Bellaire** clocked 4:27.73 to smash the mark of 4:43.27 set by an American team in 2004.

Hayden, in a posting on the masterstrack.com website, said the team had planned to try to break the record, “and we were aware of what we needed to do to break it.”

The Millrose Games have moved

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2012 USA MASTERS INDOOR TRACK & FIELD CHAMPIONSHIPS

Another Crown for TNT

(Continued from page 1)

“Invasion of Indy,” and indeed the club drew strength from numbers. With 37 athletes entering a total of 165 events, it had the largest contingent of contestants among the 77 clubs participating in the championships, which were held March 16-18 at the Harry Gladstein Fieldhouse.

The team’s greatest strengths were in the field events – especially for the women – as well as the relays and the pentathlon.

TNT won seven of the relay races, including all three distances – 4x200 meters, 4x400 meters and 4x800 meters – in the 30-39 age group for both men and women.

In the pentathlons, TNT had four gold medalists: **David Ash** in the 40-44 men’s group, **Christine Roemer** in the 45-49 women’s group, **Jo Phelps** in the 50-54 women’s group and **Delores Grandison** in the 55-59 women’s group.

Multiple gold medal winners included:

► **Charmaine Davis** won the 200 meters, shot put, weight throw and super weight throw in the 30-34 women’s age group.

► **Jill Cypress** won the 60 meters, 400 meters, long jump and triple jump in the 35-39 women’s group.

► **Vandora Myers** won the shot put, weight throw and super weight throw in the 35-39 women’s group.

► **Linda Butts** won the shot put, weight throw and super weight throw in the 40-44 women’s group.

► **Christine Roemer** won the long jump, high jump and pentathlon in the 45-49 women’s group.

► **Jo Phelps** won the long and high jumps and the pentathlon in the 50-54 women’s group.

► **Matthew Crowell** won the weight throw and super weight throw in the 30-34 men’s group.

“In track and field, if track is the beauty and elegance of the sport, then the field is the often-unseen strength that keeps the sport going,” Lanier said. “If TNT had to choose one or the other, we would pick the field. No doubt we are a Field and Track Team.”

Formed four years ago, TNT has been building up to the national championship ever since. It placed 11th in 2009, third in 2010, and second and 2011.

The club has been awarded Mid-Atlantic’s Jack Milne Award for outstanding club the last two years.



◀ With the national masters indoor championship locked up on March 18 in Bloomington, Ind., it’s time to congratulate and celebrate for TNT team members, from left: LaRoi Thompson, Kareem Lanier, Bernie Linner, David Ash, Larry Nolly, Matthew Crowell, Kerry Sloan and Gina Lanier.

2012 USA MASTERS INDOOR TRACK & FIELD CHAMPIONSHIPS



▲ Christine Roemer of TNT placed first in the pentathlon, long jump and high jump in the 45-49 age division, and ran on two winning relay teams.

► Dawn Kent of TNT approaches the high jump bar. She finished second in the pentathlon, high jump, weight throw and super weight throw in the 35-39 division.



'The Invasion of Indy'

I would like to thank God first and foremost for our abilities to still run, jump and throw at a high level.

I'm NOT a big boxing fan of late but if I had to com-

MASTERS TRACK & FIELD
Kyle Lanier, TNT president

pare an epic battle to our win, it would be the 1985 boxing match of "Marvelous" Marvin Hagler vs. Thomas "Hitman" Hearns. The defending champions -- SoCal Track Club from the California Association -- vs. TNT International Racing Club from the Mid-Atlantic Association. If one hasn't seen the boxing match between Hagler and Hearns -- it was almost 8.5 minutes of slobber-knocker!

Day One of the Invasion of Indy: We knew that we would be down at the end of day one but just had to weather the storm, meaning we only wanted to be down 40 to 50 points. Our pentathletes came ready and did their thing. TNT led early but still had the 400 meters and 3 kilometers to go. Kareem Lanier was the sole 3k runner for us. If one had to describe his race from the outside, it was terrible. But if one knew what he was recovering from -- a severe case of colitis (borderline Crohn's Disease) -- his race said perseverance. Kareem said he was tired and hungry but had two races to go. TNT was down by 40 points.

Day Two of the Invasion of Indy: We didn't have that same spirit as if we can take on the world. We moved slightly ahead but the fire in the belly wasn't there. As one of the leaders, I called everyone over who wasn't competing at the time to tell them about how I'll personally give my ALL for all of them and love them because they are my brothers and sisters. We all began to look at one another, raised our hands to form one and yelled, "FAMILY"! The fire was back and we took a commanding lead with our relays (4x200 and 4x800) and Long Jumps. We went up by 50 points and knew we just had to stay strong through Day 3 for the win.

Day Three of the Invasion of Indy: Up by 50 points with open 800 meters and 200 meters to go on the track, our field team in Triple Jump continues to hit "Mark"! In track and field, if track is the beauty and elegance of the sport, then the field is the often

(Continued on page 5)

Athena Sets 2 World Records

(Continued from page 1)

from Madison Square Garden to the Armory. Hayden said the Armory track “is certainly faster and better than Madison Square Garden. Obviously, not as large a venue as MSG, but a great atmosphere.”

Then in March, an Athena team composed of **Kathy Haubrich**, Hayden, Bellaire and Jasper set a world record of 10:38.97 in the 4x800 meters for the 50-59 group at the USA Masters Indoor Track & Field Championships in Bloomington, Ind.

The club placed eighth overall among the 79 clubs in the team standings, although only nine members competed. In the 50-54 group, Jasper won the 800 meters in 2:28.6 and the mile in 5:46.4, and Hayden won the 400 meters in 1:08.8. And an Athena 4x400 relay team placed first in the 40-49 group with



Photos by Dave Albo

a time of 4:30.18.

In April, Jasper won the 800 meters in the women's 50-54 age division at the World Masters Indoor Championships in Jyväskylä, Finland. Her time was 2:28.31, less than two seconds off the U.S. record. Jasper also took second in the 1,500 meters with a time of 5:02.65.

The Athena Track Club was established in 2006 to provide opportunities for like-minded elite female runners to compete as a team in masters track, road racing and cross-country events. The club draws its members from across the country and is registered as a club with USATF Mid-Atlantic.

Jasper and Bellaire are from the Philadelphia region. Hoffman is from California, Hayden is from Virginia, and Haubrick lives in Minnesota.



At top, Cheryl Bellaire passes the baton to anchor Lorraine Jasper on the way to setting a world record of 10:38.97 in the 4x800 meters for the 50-59 age group in Bloomington, Ind. Above, Athena member Maryline Roux, at left, is first to congratulate the four runners — from left, Kathy Haubrick, Jasper, Bellaire and Julie Hayden.

HIGH PERFORMANCE TRACK & FIELD

Outdoor Championships Set for Widener

The 2012 USATF Mid-Atlantic Open/Masters Outdoor Track And Field Championships will be held on Saturday, June 9, at Widener University in Chester, PA.

The Open Division is for athletes aged 14 to 29, and the Masters Division is for those 30 and older. Entrants must have current USATF membership. Membership applications will be available at the meet, but we strongly recommend that membership be obtained before the meet.

Entry fees are \$10 per individual event for entries postmarked by June 2. After that, the fee is \$20 for the first individual event and \$10 for each additional event. For relays, registration and payment of \$20 per team will be on the day of the meet only. Also, hur-

dlers must pre-register.

Widener University coach **Kevin Cunningham** has agreed to run the championship meet. He will act as meet director and arrange for timing. He will also provide volunteers to assist in running the meet. The High Performance Committee will cover the facility, officials and promotion of the meet and help out where needed. HP will also manage the registration.

The entry form is on Page 24. More information – including directions and additional details on meet procedures and awards – is available at www.mausatf.org. For additional information, contact Kevin Cunningham (meet director) at 610-499-4427 or kjcunningham@widener.edu, or **Rogers Glispy** (registration) at 215-751-8965 or rqlispy@ccp.edu.

SCHEDULE OF EVENTS: June 9, 2012

TRACK EVENTS	FIELD EVENTS
6:30 a.m. Registration opens	6:30 a.m. Registration opens
7:00 5000m Run	7:30 Implement weigh-in opens
8:30 5000m Race Walk (unjudged)	8:30 Javelin
9:45 Sprint Hurdles (must preregister)	9:30 Shot Put (flighted)
10:00 1500m Run	9:30 Long Jump (open pit)
10:45 100m Finals (or prelims where necessary)	9:30 High Jump
11:30 400m	10:30 Discus (or after Javelin ends; flighted)
11:45 100m Finals (where necessary)	LUNCH BREAK
12:00 p.m. Steeplechase (may be later)	12:30 p.m. Pole Vault (or after High Jump ends)
LUNCH BREAK	12:30 Triple Jump (or after Long Jump ends; open pit)
1:30 p.m. 300m/400m Hurdles (must preregister)	12:30 Hammer Throw (or after Discus ends)
1:45 800m	
2:30 200m	
3:00 Relays: 4x800m, 4x100m, 4x400m	

(Continued from page 3)

unseen strength that keeps the sport going, in my opinion. If TNT had to choose one or the other, we would pick the field. No doubt we are a Field and Track Team. As one age group of the 4x400m relay begins and ends, the championship is still close by 40 to 50 points. The final event is called, the superweight throw for 30 to 49 ... women. Ten women begin to walk over. By the way, 7 out of the 10 are from TNT! Like in boxing, when a boxer gets into a flurry with his punches, the TNT women hit a flurry of "Mark, Mark, Mark"! Like punches landing to the body and sweat

flying off the body that's being hit, the weight hit the surface and the chalk continued to fly up and out!!! Typically a meet ends with the mile relay, screaming and yelling. Not this championship. If anyone thought TNT was the BOMB, the TNT women dropped one in the final event! Great performance by those women, sealing the deal.

Of course, this championship didn't take 8.5 minutes, but it had all the excitement one looks for in sports. This championship did describe the TNT Family - Perseverance, Faith, Love, Encouragement and Determination.

LONG DISTANCE RUNNING: GRAND PRIX CIRCUIT

Bryn Mawr Races to the Front

With 2 Wins, McKeeman Leads Club to Top in Club Challenge

The Grand Prix Circuit Club Challenge is taking a different course so far this year, with the Bryn Mawr Running Club racking up the most points in each of the first three races – and club member **Michael McKeeman** winning two of them.

The Greater Philadelphia Track Club is in second place, followed by the Pike Creek Valley Running Club. The South Jersey Athletic Club, which has won the Club Challenge 10 years in a row, lags in fourth place.

But there is a long way to go, and all 10 clubs appear to be competitive. And because each club's score is based on its best seven events, even clubs that miss one or two early races aren't out of contention.

A particularly bright spot is the entry of a new club, the Keystone Track Club based in Central Pennsylvania, which scored a respectable 367 points in the Valley Forge Revolutionary Run 5-Miler.

In the individual age-graded standings, there are few surprises so far. **Doreen McCoubrie**, who finished first in the women's standings last year, is on top again, followed by **Julie Hankin** and **Kyra McGrath**, who also finished in the Top Ten in 2011.

On the men's side, last year's top two finishers, **Greg Watson** and **Jim Sery**, are one-two again, followed by **John Costello** in third.

ADRENALINE 5K

The Bryn Mawr club has run strongly starting from the first race, when the club's runners took three of the top ten places at the Adrenaline 5K in Haddonfield, NJ, on March 17.

McKeeman, 35, won the race (and the \$400 prize) for the second straight year. His time of 14:51 was almost a minute ahead of the next finisher. **Zach Miller** finished fourth and **Tom Parlapiano** was ninth.

The Grand Prix Club Challenge standings are based on the top five age-graded scores for each club (including at least one woman), not on finish place. Bryn Mawr had the top two male age-graded scores – McKeeman with 88.8 and Watson with 87.

Greater Philadelphia got a big boost from 72-year-old **Sandra Folzer**, whose age-graded score was 89.3, and secured second place in the Club Challenge standings.

Samantha Howard, Mid-Atlantic's open female athlete of the year in 2011, finished first among the women runners and lifted the Downingtown Running Club to third place on the club standings ladder.

Doreen McCoubrie finished first among masters women and scored 92.1 – still the only score over 90 on the circuit this year – but it doesn't count toward the Club Challenge because her team, the Athena Track Club, had only four finishing runners.

Other high age-graded scores in the Adrenaline 5K were 86 for **Mike Digennaro** of the Pike Creek Valley Running Club and 85 for **Joy Hampton** of South Jersey. A total of 922 runners finished the race.

CAESAR RODNEY

McKeeman didn't run in the Caesar Rodney Half Marathon, the second race on the Grand Prix Circuit. But his club-mate **Bob Schwelm** did, and his ninth-place finish, at age 53, contributed an 89.7 age-graded score to Bryn Mawr's total. Also for Bryn Mawr, **Matt Flynn** came fifth and Watson was eighth.

Jeffrey Hayes, also 53, finished 17th and scored 87.2 for Greater Philadelphia, helping keep the club in second place in the Club Challenge. Hampton's 84.7 score nudged South Jersey up into third place.

The winner of the half-marathon, for the second year straight, was **Darryl Brown**, in 1:09.54 seconds. Brown, 29, runs for the Downingtown club and was Mid-Atlantic's 2011 open male athlete of the year.

More than 1,400 runners finished the 13.1-mile race, which loops through Wilmington, DE.

VALLEY FORGE

In the third race of the circuit, Mid-Atlantic members took nine of the top ten male places and seven of the top ten female places among the more than 1,000 runners at the Valley Forge Revolutionary Run 5-Miler on April 22.

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LONG DISTANCE RUNNING: GRAND PRIX CIRCUIT / OFF-ROAD SERIES



Photos by USCANDIDS

The Valley Forge winners — **Sayard Tanis Gonzalez**, above, and **Michael McKeeman**, below.

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Six runners from the Bryn Mawr club finished in the top ten, including McKeeman in first and **Pat Hayburn** in third. Bryn Mawr member **Cecily Tynan** finished third among the women.

From other clubs, **Sayard Tanis Gonzalez** of Keystone was the first woman finisher, and **Matthew Sandercock** of the Downingtown Running Club finished fifth.

The top female age-graded scorers were McCoubrie (87.5), Tynan (83.2) and **Lorraine Jasper** (82.5). Among the men, the best age-graded scores were McKeeman (88.3), Sandercock (86.6) and Watson (84.9).



Joy Hampton Places In Boston

On a miserably hot day for a marathon, Mid-Atlantic's **Joy Hampton** ran 4:07:45 to place second in the 65-69 age group at the Boston Marathon on April 16.

Hampton was just 2:13 off the winning time in her age group — the 25th consecutive year she has completed the Boston Marathon.

Greater Philly 3 for 3 In Off-Road Races

The Greater Philadelphia Track Club leads the Off-Road Club Challenge after the first three races, aiming to win the eight-race competition for a third year in a row.

As usual, the series opened with the notorious Ugly Mudder Trail Run. Defying its reputation and name, the seven-mile race — which is held the last Sunday in February, sometimes in snow, mud or bitter cold — was run in sunshine and temperatures in the upper 40s.

Matthew Byrne of the Pineland Striders finished second, and the Rosemont Running Club had three top-ten finishers — **James Stoltzfus** (fourth), **Ryan Bair** (fifth) and **Christopher Garges** (ninth).

But Greater Philadelphia had greater depth and higher age-graded scores, which the series is based on. **Jeff Hayes**, 53, and **Bob Rimkis**, 51, finished one-two among runners 40 or over. Their teammates **Mary Braverman**, 49, and **Julie Deery**, 46, were one-two among the masters women.

The 2012 Ugly Mudder was the second-largest race ever held by Pretzel City Sports, with 882 entries from 16 states including California, Oregon and Washington, Utah and Colorado.

The course along a mountain trail overlooking Reading, PA, was redesigned for this year because parts of the mountain have been closed to races, so the winning times became the new course record.

In the second race, the Tyler Arboretum 10K Trail Run, Mid-Atlantic members took eight of the top 10 places.

"It was a great day to run and our USATF members did not disappoint," said **Ted Hardies**, coordinator of the Off-Road Series and a member of the Pineland Striders.

Five of the top ten finishers were from the Rosemont Running Club, including winner **Bill Steele** and runner-up **Nick Suter**, but Rosemont fell two points short of Greater Philadelphia overall in the age-graded scoring.

In the third race of the series, the Triple Crown 10K in Delaware, Greater Philadelphia had four top-ten finishers, including Rimkis in third, and came out ahead in the Club Challenge standings again.

Rosemont runners **Thomas Devlin** and **Fran Magri** were the first male and female finishers in the race.

LONG DISTANCE RUNNING: THE SCOREBOARD

GRAND PRIX CLUB CHALLENGE STANDINGS

CLUB	ADR	ROD	VFR	TOTAL
Bryn Mawr	427	405	421	1,252
Greater Philadelphia	420	400	402	1,221
Pike Creek Valley	411	388	394	1,194
South Jersey	412	397	379	1,187
Downingtown	414	362	402	1,178
Pineland Striders	388	343	363	1,094
Athena		389	403	792
Moorestown	380	378		758
TNT	364		344	708
Keystone			367	367

GRAND PRIX AGE-GRADED TOP TEN

WOMEN	Pts	MEN	Pts
1 Doreen McCoubrie	269	1 Greg Watson	256
2 Julie Hankin	245	2 Jim Sery	247
3 Kyra McGrath	236	3 John Costello	246
4 Julie Deery	235	4 Thomas Jennings	244
5 Patricia Addis-Hudson	224	5 Kenneth Kondracki	232
6 Shelley Hill	220	6 Steve Sawyer	231
7 Kristi Motyka	207	7 Kent Prizer	226
8 Diane McManus	202	8 Daniel Simmons	224
9 Donna Ruberti	195	9 Craig Dombrosky	215
10 Joy Hampton	170	10 Rory McManus	207

OFF-ROAD CLUB CHALLENGE STANDINGS

CLUB	UM	TA	3C	TOTAL
Greater Philadelphia	306	361	367	1,034
Rosemont	294	358	341	993
Pike Creek Valley	282	349	347	978
Pineland Striders	266	317	318	901
South Jersey	194			194

OFF-ROAD SERIES AGE GROUP LEADERS

WOMEN	Pts	MEN	Pts
19-39 age group		19-39 age group	
Donna Palisca	5	Matthew Byrne	5
Francesca Magri	5	Nick Suter	5
Kristin Zielinski	5	Thomas Devlin	5
40-49 age group		40-49 age group	
Julie Deery	11	Scott Brockett	8
Mary Braverman	5	Keith Crispin	5
Joan Hunter	5	Andrew Shearer	5
50-59 age group		50-59 age group	
Diane Grim	13	Bob Rimkis	11
Kristina Victoreen	5	Jeff Hayes	5
		Barry Lewis	5
60-plus age group		60-plus age group	
Diane Hardies	13	Mark Frazza	8
Joy Hampton	5	Tom Grim	6

GRAND PRIX AGE GROUP LEADERS

WOMEN	Pts	MEN	Pts
15-19 age group		20-24 age group	
Chelsea McCoubrie	10	Matt Grey	5
20-24 age group		Jeremy Brady	3
Sophia Downey	8	Tony Mieu	1
Mary Kate Kelly	5	25-29 age group	
Brittini Bradley	5	Zach Miller	8
25-29 age group		Darryl Brown	5
Kimberly Hickey	6	Pat Hayburn	5
Samantha Howard	5	30-34 age group	
Ashley Olsen	5	Phillip Gause	6
30-34 age group		Mike Digennaro	5
Donna Palisca	5	Casey Coleman	5
Sarah Rusk	5	35-39 age group	
Sayard Tanis	5	Michael McKeeman	10
35-39 age group		Thomas Elliott	6
Erin Patterson Gill	5	Joe Tornambe	6
Christy Peterson	5	40-44 age group	
Kimberly Dietrick	5	Brandon Hamilton	8
40-44 age group		Vincent Craig	5
Cecily Tynan	10	Matthew Sandercock	5
Leslee Hoey	8	45-49 age group	
Sheri Herrmann	3	Greg Watson	15
Tara Smith	3	Jay Coughenour	6
45-49 age group		Scott Brockett	3
Julie Hankin	13	50-54 age group	
Julie Deery	7	Jim Sery	6
Mary Braverman	5	John Costello	5
50-54 age group		Bob Schwelm	5
Doreen McCoubrie	15	55-59 age group	
Carole Feole	3	Robert Cannava	5
Lorri Fencer	3	Paul Hines	5
Lorraine Jasper	3	Epi Camacho	5
55-59 age group		60-64 age group	
Kyra McGrath	13	Seth Bergmann	8
Beth Howlett	8	Steve Sawyer	6
Jean Lizzio	3	Mark Frazza	6
60-64 age group		65-69 age group	
Diane McManus	11	Thomas Jennings	15
Joy Oakey	10	Louis Coppens	6
Marjorie Morris	1	David McCorquodale	3
65-69 age group		75-79 age group	
Joy Hampton	10	John Schultz	15
Diane Hardies	6	80-84 age group	
Barbara Leighton	5	Joseph Havlick	5
70-74 age group			
Sandra Folzer	5		
Margaret Hoey	3		
Rita Alles	1		



‘A ROMP IN THE WOODS’

At first, a rushing mass of humanity, and then long stretches of quiet exertion, punctuated occasionally by a welcome water break, or a not-so-welcome water barrier. That’s the Tyler Trail 10K, which Off-Road Series coordinator and runner Ted Hardies called a “romp in the woods of the beautiful Tyler Arboretum.”

Photos courtesy of Amy Binder, Delco RRC



▲ Diane Grim of the Rosemont Running Club finished first in the women’s 50-59 age group, in 54:57. She also leads the group overall in the Off-Road Series.



▲ The youngest competitor in the race, Nolan Pernia, 12, is on the way to placing 33rd out of 332 finishers in 49:21.

◀ An occasional backup of runners at a water crossing can present a dilemma — wait in line to ford, or take a shoe-soaking shortcut.

2011 USATF MID-ATLANTIC AWARDS



Bill Belleville addresses the audience after receiving the Jesse Owens Award, Mid-Atlantic's highest honor.

'One of the Best in the Business'

Bill Belleville, Pioneer in Certifying Race Courses, Receives Jesse Owens Award

Few long-distance running records are set in the Philadelphia region without him, but most runners would not even recognize **Bill Belleville**.

Belleville has certified about 400 courses in the region for USATF, including the Philadelphia Marathon, and in January he was honored with the Jesse Owens Award for service, the highest recognition granted by the Mid-Atlantic Association.

The award was the highlight of the annual Award Luncheon honoring achievements in track and field for 2011. The ceremony on Jan. 28 at Central Baptist church in Wayne, PA, was attended by about 130 athletes, coaches, officials, administrators and supporters of the honorees.

Jim Marino, race director of the Broad Street Run, presented the award to Belleville and said: "We've had numerous national records set on these courses, and it's all because of this gentleman."

A proclamation by Philadelphia Mayor **Michael A. Nutter** was read at the ceremony, commending Belleville for his "significant role in the development and growth of the Philadelphia Marathon" and commending his dedication to the sport of competitive

running. (The full proclamation is on Page 11.)

Belleville, a longtime marathon runner, uses a bicycle with a mechanical measuring device attached to the wheel to precisely measure and document the distance on a course. "Over the years, Bill's mathematical skills and talent for drawing accurate maps has earned him a reputation as one of the best in the business," the proclamation said.

CLUB OF THE YEAR

The TNT International Racing Club, which was formed only four years ago, received the Jack Milne Award for outstanding club for the second year in a row.

TNT won the USA Masters Outdoor Track and Field Championships in 2011, defeating the perennial powerhouse Southern California Track Club. (In March, TNT won the Indoor Championships as well.)

ATHLETE OF THE YEAR

The Frank Percival Award for outstanding athlete went to long-distance runner **Doreen McCoubrie**

(Continued on page 11)

2011 USATF MID-ATLANTIC AWARDS

Citation Issued by Philadelphia Mayor Michael A. Nutter

The City of Philadelphia is home to international attractions and compelling public events. Our city's year-round calendar of special events provides important opportunities to showcase our place in American history and prominence in architecture, culture, and scenic beauty, among other attributes.

The Philadelphia Marathon, a 26.2 mile USATF-certified race taking place each November, gives our city a unique opportunity to shine a light on many of these attributes including a course that winds through our vibrant center city, past the stirring landmarks of Independence National Historical Park and spectacular views of our Museum District and the incomparably beautiful landscape of Fairmount Park.

USATF course certification produces road race courses of accurately measured distances. For any road running performance to be accepted as a record or be nationally ranked, it must be run on a USATF-certified course. The process for having a course certified requires the qualified skill of an individual who is expert at measuring courses for USATF certification.

Few will ever have the chance to know the twists, turns, elevations and neighborhoods bordering this runner-friendly course with greater intimacy and professional attention to detail than the "go-to" regional certifier for races in Pennsylvania, Bill Belleville.

(Continued from page 10)
for the fourth time since 2005.

"Doreen had a spectacular year," said **Robin Jefferis**, chair of the Long Distance Running Committee chair.

McCoubrie, 50, won the women's USATF Masters 5K Cross Country Championship in October with a time of 19 minutes and 44 seconds – 37 seconds ahead of the next finisher.

She finished 14th overall among women in the Philadelphia Marathon with a time of 2:50.23.

McCoubrie, who is membership and sanctions chair of the Mid-Atlantic Association, also received a

Bill Belleville, a retired civil engineer and a veteran runner who entered his first marathon in Philadelphia, was in the vanguard of a 1980's movement to officially certify races. Over the years, Bill's mathematical skills and talent for drawing accurate maps has earned him a reputation as one of the best in the business.

During his tenure as a USATF National Certifier, Bill Belleville, has certified as many as 400 courses and still uses his signature bicycle with a finely calibrated mechanical counter fixed to the axel. Bill's precision work is critical if a runner is going to document his or her "personal best." For over 28 years Bill Belleville has given marathoners his personal best and put the Philadelphia Marathon on the map...the official USATF-certified course map.

On Saturday, January 28th, 2012 USATF hosts its Mid-Atlantic Awards Luncheon and on this occasion will present Bill Belleville with a USATF Association Award for Service.

It is fitting and appropriate, therefore, that the City of Philadelphia officially recognize with this Citation

WILLIAM J. BELLEVILLE

for his significant role in the development and growth of the Philadelphia Marathon and join with the USATF in commending him for his dedication to the international sport of competitive running.



Jim Marino, left, race director of the Broad Street Run, presents the award to Belleville. At center is Mid-Atlantic President A. Monique White.

President's Award from association President **A. Monique White.**

OFFICIAL OF THE YEAR

The Scott Mills Memorial award for outstanding official was given to **Cynthia Young**, who is vice chair of the Youth Athletics Committee.

Young was the head official for the long and triple jumps at the 2011 World Youth Track & Field Trials in Myrtle Beach, SC.

She also officiated at the ACC Outdoor Championships in Greensboro and the Pan American Junior Championships.

ATHLETES OF THE YEAR: LONG DISTANCE RUNNING

OPEN FEMALE ATHLETE OF THE YEAR

Samantha Howard won the award for the second year straight, but 2011 was a year of firsts for her.

She completed her first half-marathon in September. In November, she ran her first marathon – placing fifth in the Philadelphia Marathon and qualifying for the Olympic Trials with a time of 2:45.45.

Howard, 25, is an ancient history teacher and reading specialist at Manheim Township High School, near Lancaster, PA.

She ran for Duquesne University in Pittsburgh, setting six school records and winning multiple Atlantic 10 Conference medals. Samantha joined the Downingtown Running Club in 2010.

OPEN MALE ATHLETE OF THE YEAR

Darryl Brown, 29, won two Grand Prix Circuit races in 2011 -- the Caesar Rodney Half Marathon in 1:09.46 and the Radnor 5-Mile Run in 25:40. (He won the Caesar Rodney again this March.)

Brown has been a fixture on the 5K and 10K road circuit for years. He moved up to longer distances in 2010 and won the Delaware Distance Classic 15K. The half-marathon is now his favorite distance.

Brown was the top runner at Kennett Square High School and East Stroudsburg University. He

now coaches at Tatnall School in Delaware. His girls cross country team was third in the nation last year.

MASTERS FEMALE ATHLETE OF THE YEAR

This is the sixth time that **Doreen McCoubrie** has won this award in the past eight years.

This year she also received the Frank Percival Award for outstanding athlete for the fourth time. (See Page 8.)

In 2011, McCoubrie, 50, had age-graded scores in the 92-94% range in the Philadelphia Marathon, the Adrenaline 5K, the Ben Franklin Bridge 10K and the USA Masters 5K Road Championship, which she won.

MASTERS MALE ATHLETE OF THE YEAR

This is the second time **Matt Sandercock** has won the Masters Male Athlete of the Year award. He previously won in 2009. He has also won the Open Male Athlete of the Year award.

Sandercock, 42, who runs for the Downingtown Running Club, had the highest average age-graded score for men in the association last year.

He finished in the top 10 and won the masters division in three Grand Prix races — the Haddonfield Adrenaline 5K, (15:28), the Cooper Norcross Bridge Run 10K (33:13) and the Rothman 8K (24.46).

GRAND PRIX, OFF-ROAD, CROSS COUNTRY SERIES AWARDS

Here are some of the award winners. A complete list of club and individual winners ran in the January issue.



Carolyn Bujak
Grand Prix:
1st in F55,
3rd overall



Gene Dykes
Grand Prix:
1st in M60
Off-Road:
2nd in M60+



James Flanagan
Grand Prix:
1st in M70
4th overall



Diane Grim
Off-Road:
1st in F50-59



Joy Hampton
Grand Prix:
1st in F60
2nd overall



Julie Hankin
Grand Prix:
2nd in F45,
5th overall



Diane McManus
Cross Country:
2nd overall

Photos by José Avila

GRAND PRIX PARTICIPATION AWARDS

EIGHT-EVENT PARTICIPANTS

Michael Bizal
Julie Hankin
Dawn Kempton
Michael Latsch

James Martin
Diane McManus
David Stewart

Michael Bodary
Dave Broadbent
Carolyn Bujak
Louis Coppens

SEVEN-EVENT PARTICIPANTS

Shelley Hill
Lorraine Jasper
Thomas Jennings
Kyra McGrath

Anabelle Morales
Chantal Reme
Eileen Stevenson
William Tanski

2011 USATF MID-ATLANTIC AWARDS



▲ Samantha Howard, the Long Distance Running Open Athlete of the Year, was joined at the awards luncheon by her fiancé, Brian McNally – whom she met at the Adrenaline 5K in 2010.



▲ Doreen McCoubrie, the 2011 Athlete of the Year, finished first in the women’s age-graded standings on the Grand Prix Circuit, and also received a President’s Award.



▲ Darryl Brown, Long Distance Running Open Male Athlete of the Year, receives the award from LDR Chair Robin Jefferis.

► Mary Braverman, left, finished first in the age-graded Cross Country Series and won the F40-49 group in the Off-Road Series. At right is association President A. Monique White.



▲ Cynthia Young receives the Scott Mills memorial Award for Official of the Year from Ken Yerger, association officials chair.



ATHLETES OF THE YEAR: HIGH PERFORMANCE / MASTERS

At 80, Five U.S. Records in a Year

MASTERS FEMALE ATHLETE OF THE YEAR

It wasn't too long after **Gloria Krug** entered the 80-84 age division that the American records began to fall.

On June 11, she set a weight throw record of 8.51 meters at the Southeastern Masters Championships in Raleigh, NC. The next day, she threw the super-weight 6.15 meters, another record.

Later that month, at the National Senior Games in Houston, she broke the shot put record with a distance of 7.21 meters. The next month, at the World Masters in Sacramento, she broke her own record, this time shot-putting 7.53 meters. She also threw the hammer 21.33 meters for a record, then scored 3,818 points in the throws pentathlon, another record.

Krug is no stranger to records. She still holds two in the 75-79 division – the throws pentathlon and superweight pentathlon. She's also no stranger to awards – she has been the Mid-Atlantic Masters Field Athlete of the Year three times since 2006.

Add another honor to the list: Krug was named 2011 Masters Track & Field Athlete of the Year at the Mid-Atlantic awards luncheon.



MASTERS MALE ATHLETE OF THE YEAR

Nick Berra, 43, ran the fastest indoor 800 meters for the 40-44 age division in 2011, 1:59.00, at the Mid-Atlantic Indoor Championships in Newark, DE, in March. He also won the event at the Masters Outdoor Championships and placed fifth in 1:57.07 at the World Masters Athletic Championships in Sacramento.

He won the masters 800 meters at the Drake Relays and then two days later anchored a Greater Philadelphia Track Club 4x400 team to third at the Penn Relays – the club's first medal there – in a club record time.

Berra won the masters 1,500 meters invitational at the U.S. Outdoor Track and Field Championships in Eugene, Ore., and ran the second-fastest mile of 2011 for his age group, 4:23.48

EXCELLENCE IN TRACK & FIELD



Jill Cypress



Julie Hankin



Linda Jarjisian



Dawn Kent



Gina Lanier



Barbara Leighton



Janet Lewis



Christine Roemer



Lizanne Stephan



Michael Jackson



Kareem Lanier



Lawrence Nolly



John Porter Jr.

Not pictured:
Linda Butts
Lorraine Jasper
Patricia Mosley
Joy Oakey
Clinton Fields

Photos by José Avila

ATHLETES OF THE YEAR: HIGH PERFORMANCE / MASTERS

MALE MASTERS ATHLETE OF THE YEAR

Etroy Nelson, 39, a member of the TNT International Racing club, won both the 100 meters and the 200 meters in the M35 division at the Masters Outdoor National Championships in Berea, Ohio, in July. His time of 10.90 in the 100 was the second-fastest time in the nation for the age group in 2011.

Nelson ran the fastest U.S. time of 2011 for the M35 indoor 55 meters, 6.73, at the Ursinus College Open in Collegeville, Pa., in February. And he ran the second-fastest 200 meters of the year, 22.53, at the Mid-Atlantic Championships in Chester in June.

FEMALE OPEN ATHLETE OF THE YEAR

Zafirah Green placed first in the 200 meters at the Colgate Women's Games in New York in 2011.

At the Mid-Atlantic Indoor Championships, she was first in the 55 and 400 meters and second in the 200 meters. At the Mid-Atlantic Outdoor Championships, she won gold in all three sprints.

She also placed third in the 100 and 400 meters and fourth in the 200 meters at the USATF East Regional Championships.

Green was also Mid-Atlantic's Open Athlete of the Year in 2008. She now attends Holy Family University, after setting seven school track records before graduating from the Community College of Philadelphia.

MALE OPEN ATHLETE OF THE YEAR

Mark Allen placed first overall in the high jump (1.80 meters), the long jump (6.09 meters) and the triple jump (12.56 meters) at the Mid-Atlantic Indoor Championships. He earned bronze medals in the high jump and triple jump at the USATF East Regionals.

Competing for the Community College of Philadelphia, Allen, 23, won the high jump (1.98 meters) and the triple jump (13.30 meters) at the Widener Indoor Invitational. He also won the long jump (20 feet 4 inches) and the triple jump (40 feet 5.75 inches) at the Albright Indoor Invitational.

RACE WALKING ATHLETE OF THE YEAR

Solomiya Login finished fourth at the national trials and was selected to Team USA in the 20k race walk for the Pan American Cup competition in Medellin, Colombia, where she finished 18th among 35 top women's athletes from 25 countries.

She also won the gold medal at the 2011 Penn Relays Olympic Development 5k open race walk.

HONORABLE MENTION

Lovell Butler, Louis Coppens, Delvin Dinkins, Fred Edelstein, Ray Feick, Wendi Glassman, Champion Goldy, Delores Grandison, David Hughes, Rich Kramer, Kyle Lanier, Gary Leigh, Dave Marovich, Hartley Palleschi, Joe Paradine, Ray Parker and Tom Rice.

Popular All-Comers Meet Series Returns

All-Comers Track & Field Meets will be conducted at Germantown Academy in Fort Washington, PA, on Tuesday evenings June 26, July 10 and July 24 at 6 p.m.

All ages are welcome. Discounts will be available to youth clubs

that provide meet volunteers. There will be separate heats/flights for athletes 14-and-older and 13-and-younger. The meets will be sanctioned by USATF and officiated by certified USATF officials.

The series was hosted over 15 years until 2004 by either Hi-Point Pacers Athletic Club or the Philadelphia Masters Track & Field Association. Now, Germantown Academy itself, with its newly constructed

TRACK & FIELD
Kyle Mecklenborg

track & field facilities, will resume the popular series and plans to host it for many years to come.

The unique spectator-friendly track layout (designed by meet co-director **Tom Taft**) will provide easy views of the races, the jumps and the throws. With all field event areas situated near the finish line end of the track, every athlete will feel they are the center of attention and in the middle of the action.

For older athletes considering returning to track competition after a long layoff, these no-pressure fun meets would be the perfect place to start a comeback. And for young athletes, this series is a great way to start your track & field career.

For more information, contact meet co-director **Kyle Mecklenborg** at krmeck@verizon.net or 215-393-1382.

ATHLETES OF THE YEAR: YOUTH

SUB-BANTAM BOYS TRACK

Shatir Hall, Wilmington Track Club. National champion in the long jump (8 feet 3 inches), second in the 400 meters and third in the 200 meters at the USATF National Youth Indoor Track & Field Championships.

At the USATF National Youth Indoor Track & Field Championships.

BANTAM GIRLS TRACK

Rebecca Wusinich, United Stars. In the Junior Olympics 1,500 meters, association and regional champion, fifth place at national championship

with a time of 5:34.01. Indoor Northeast Zone champion in the 1,500 meters (5:42.6) and third in the 800 meters.

BANTAM BOYS CROSS COUNTRY

Andrew Avila, unattached. In the Junior Olympics, first place at regional championship, fifth place at national championship with time of 10:38.42.

MIDGET GIRLS TRACK

Gabrielle Wilkerson, United Stars. In the Junior Olympics, association, regional and national champion in the 800 meters, setting regional meet record of 2:21.37 and running 2:19.99 at nationals. Also association and regional champion in the 1,500 meters (4:55.98 at regional). National indoor champion in the 800 and 1,500 meters.

MIDGET GIRLS TRACK

Taliah Cintron, Wilmington Track Club. At Indoor Nationals, first in the 55-meter hurdles and 400 meters, fourth in long jump. At the Junior Olympics, first in the 400 meters at the association championship; first in the 55-meter hurdles and second in the 400 meters at the Region 2 championships; fifth in the 400 meters in 1:01.06 and sixth in the 80-meter hurdles in 13.49 at the national championships.

At the Junior Olympics, first in the 400 meters at the association championship; first in the 55-meter hurdles and second in the 400 meters at the Region 2 championships; fifth in the 400 meters in 1:01.06 and sixth in the 80-meter hurdles in 13.49 at the national championships.

MIDGET GIRLS TRACK

Kyra Carroll, United Stars. In the Junior Olympics, association and regional champion in the 3,000 meters, third place at nationals in 10:45.52. Member of 4x800-meter relay team placing first and 4x400 team placing second at the national meet.

MIDGET GIRLS CROSS COUNTRY

Caroline Foley, unattached. First place at regional championship, seventh place at national championship in 10:46.96.

MIDGET GIRLS CROSS COUNTRY

Terri Turner, unattached. Fourth place at regional championship, eighth place at national championship in 10:52.75.

INTERMEDIATE GIRLS FIELD

Sara Firestone, unattached. In the Junior Olympics, first in the javelin at regional championship with a throw of 39.21 meters (128 feet 8 inches) and second at nationals with 41.90 meters (137 feet 6 inches).

second at nationals with 41.90 meters (137 feet 6 inches).

INTERMEDIATE BOYS FIELD

Dominique Irons, Next Dimension. In the Junior Olympics, first in the triple jump at the association and regional championships and second in the national championship with a jump of 14.08 meters (46 feet 2½ inches). First in the long jump at the regional meet with a jump of 6.26 meters (20 feet 6½ inches).

the national championship with a jump of 14.08 meters (46 feet 2½ inches). First in the long jump at the regional meet with a jump of 6.26 meters (20 feet 6½ inches).

YOUNG MEN FIELD

Robert Robbins, unattached. In the Junior Olympics javelin throw, first at the association championship, first at the regional championship and second at the national championship with a throw of 62.10 meters (203 feet 9 inches).

YOUNG MEN FIELD

Brandon McCleese, Next Dimension. In the Junior Olympics javelin throw, fifth at the association and regional meets and seventh at the national meet with a throw of 55.63 meters (182 feet 6 inches). National qualifier in the hammer, discus and shot put.

national meet with a throw of 55.63 meters (182 feet 6 inches). National qualifier in the hammer, discus and shot put.

At the Olympic Games in London in 1908, Philadelphia runner John Baxter Taylor won a place in history — the first African-American to represent the U.S. at the Olympics, and the first to bring home a gold medal. With international fame, and a doctorate in veterinary medicine from Penn, his future seemed limitless. But the story would take a tragic turn.



THE LIFE OF **JOHN BAXTER TAYLOR** 1882-1908

PIONEER CHAMPION GENTLEMAN

By **DAVID S. JOHNSON**, Director of the Penn Relays

Last of three parts

John Baxter Taylor returned to the United States recognized and celebrated at home and around the world.

After their victory in the sprint medley relay at the 1908 Olympics in London, Taylor and the other team members had been feted abroad, including a trip to Ireland with several I-AAC members.

Upon their return the Olympians were invited to meet President Theodore Roosevelt at his Sagamore Hill home in Oyster Bay, New York, on August 31. There the President greeted Taylor warmly, as reported by the New York Times, September 1:

When John B. Taylor, the colored middle-distance runner of the University of Pennsylvania came along he received a hearty greeting, with the remark: "I am very glad to see you. You did nobly."

Unfortunately, Taylor's fame was short-lived. He died suddenly at the age of 26, barely four months after returning from the Olympic Games and Ireland.

Taylor succumbed to typhoid pneumonia on Wednesday, December 2, 1908, at his home on 3223 Woodland Avenue, located in what is now the heart of Philadelphia's Drexel University campus and only three blocks from Penn's Franklin Field.

(Continued on page 18)

Photographs are courtesy of Penn Relays

THE LIFE OF JOHN BAXTER TAYLOR

"I am very glad to see you. You did nobly."

— President Theodore Roosevelt, welcoming Taylor to his home after the Olympic victory

(Continued from page 17)

The next morning, the notice of his death was the featured story in the Philadelphia Inquirer sports section. The headline, above a large photograph of him, read "Red and Blue Athlete Runs His Last Race. John Baxter Taylor, the Former Colored Champion Quarter Mile Runner of the Pennsylvania Track Team, Dies After Severe Attack of Illness." The Inquirer article mentioned that "Taylor was extremely popular with all of the students." In the same article Michael Murphy, who had been Taylor's coach for the last three years, was quoted as saying that he regarded Taylor as one of the best men he ever trained.

The University of Pennsylvania's student newspaper, the Daily Pennsylvanian, covered extensively the mourning on campus for one of the school's most respected students and someone who was always popular with his teammates. In an editorial, the Daily Pennsylvanian summarized by stating: "We can pay him no higher tribute—John Baxter Taylor: Pennsylvania man, athlete and gentleman."

Taylor's funeral was held on Saturday, December 5, on a humid, overcast day which threatened rain. A temperature in the 30s kept no one from coming to pay their respects. Four clergymen from as far away as Boston officiated at the services at the family home.

Among the "several thousand" mourners were the entire Penn track team, including coach Michael Murphy and Olympic teammates Tom Moffitt and Lloyd Jones, and many of its alumni, among them Olympic champions George Orton and Walter Tewksbury, as well as his first coach at Penn, Dr.

J.K. Shell. The list of Olympic champions and world record holders presented a litany of athletic greats, including Harry Hillman and many of his I-AAC club mates—Mel Sheppard, John Flanagan, Johnny Hayes, Harry Porter, Martin Sheridan, and coaches Bernie Wefers and Ernie Hjertberg.

Taylor was buried in the newly established public resting place for African Americans, Eden Cemetery, outside the Philadelphia city limits in the town of Darby. A fifty carriage cortege spanning more than a city block covered the four miles to the cemetery.

As befitting a person of his caliber, several newspapers featured news of the services. In its coverage of the funeral, The New York Times called Taylor "the world's greatest negro runner" and called it "one of the greatest tributes ever paid a colored man in this city."

In many ways, the greatest insights into Taylor the man came at the notice of his passing. Even then, what is known outside his athletic accomplishments is little.

He did graduate the University of Pennsylvania in 1908 with a VMD degree, Veterinariae Medicinae Doctori. As someone who lived so close to the Penn campus, he probably lived at home during his five years of academic work at the university and probably traveled only for competitions. He took two trips to the British Isles, in 1905 and 1908, both for competitions, and these appear to be the only times he was far enough from his family and away from home long enough to have written letters or cards. No such correspondence has been found.

(Continued on page 19)**ABOUT THE AUTHOR**

David S. Johnson has been the Frank Dolson Director of Penn Relays for 16 years. He is also the Steering Committee Chair of the National Track and Field Hall of Fame and for 30 years has been one of the compilers of the authoritative *Track & Field News* annual track and field world rankings. He has written and spoken on a number of occasions about John Baxter Taylor. This article is a slightly revised version of an article that originally appeared (2010) in "Roots," a newsletter of the National Archives.

THE LIFE OF JOHN BAXTER TAYLOR

“Quite unostentatious, genial, kindly, the fleet-footed, far-famed athlete was beloved wherever known.”

— Harry Porter, fellow Olympian and fellow member of the Irish-American Athletic Club

(Continued from page 18)

In the United States he competed mostly in Philadelphia and New York. He ran south of the Mason-Dixon Line only the one time at the 1907 AAU championships in Norfolk. Aside from that, all his competitions fit neatly into an area cornered by Boston, Massachusetts to the northeast, Ithaca, New York to the northwest, Pittsburgh, Pennsylvania to the southwest, and Philadelphia to the southeast.

The few records that exist in the University of Pennsylvania’s archives consist of death notices and news stories from December 1908, as well as academic records, including his enrollment card. There are signatures on some of the cards, but even these seem just as likely to be those of the registrar, rather than in Taylor’s own hand.

One early effort to memorialize the Olympic gold medalist was the Taylor Memorial Quarter Mile, inaugurated in 1913 as the feature event at the annual indoor meet of the Smart Set Athletic Club, an African-American club based in Brooklyn, New York. The event was contested each year until the meet ceased to exist in 1918 when the New York City armories — a prime location for indoor track meets — were fully taken over for military efforts during World War I.

For one brief moment in time, however, Taylor was one of the world’s most famous Black athletes. That fame was tragically cut short by his death and his achievements were soon eclipsed by those of Jack Johnson, who won the world heavyweight boxing championship just three weeks after Taylor’s death. Other Black champions soon followed, and as the decades passed, the memories of Taylor’s successes faded.



In recent years a number of measures have been undertaken to honor Taylor’s achievements and keep his memory alive. The University of Pennsylvania features his biography on the website for its University Archives and articles have appeared in the alumni magazine. His story is also included on the Ivy League and Winged Fist Organization websites and has appeared in sports magazines and other media.

In 2002, the Council of Ivy Group Presidents announced that an anonymous gift had been made to establish the John Baxter Taylor Trophy, an award that is given annually to the Ivy League Men’s Heptagonal Team Champion. Taylor was further honored in 2005 when he was inducted into the Penn Athletic Hall of Fame.

Unfortunately for those telling his story, Taylor the man is not someone whose portrait can be painted, adding one quantifiable layer on top of another. Taylor instead is a statue, a man whose persona can only be hewn from the block of stone that is his times, chipping away all that cannot be true to leave a rough impression.

Perhaps some insight into John Baxter Taylor, the man and the athlete, can be gleaned from a statement by one who knew him. At the time of his death, fellow Olympian Harry Porter wrote a warm tribute to Taylor’s parents that appeared in the Philadelphia Inquirer on December 4:

. . . It is far more as the man [than as an athlete] that John Taylor made his mark. Quite unostentatious, genial, kindly, the fleet-footed, far-famed [Penn] athlete was beloved wherever known . . . As a beacon light of his race, his example of achievement in athletics, scholarship and manhood will never wane, if indeed it is not destined to form with that of Booker T. Washington . . .

MID-ATLANTIC INDOOR TRACK & FIELD CHAMPIONSHIPS

Here are the Mid-Atlantic Association members who won medals at the championships March 25 at the University of Delaware in Newark. The meet was hosted by the Philadelphia Masters Track & Field Association.

BOLD TEXT signifies an athlete's performance met the USATF "All-American" standard. Finish Lynx Timing was used. Results were compiled by D. Aylsworth. Complete results are posted at www.mausatf.org.

MEN'S RESULTS

<u>Name</u>	<u>Age</u>	<u>Result</u>	<u>Medal</u>	<u>Name</u>	<u>Age</u>	<u>Result</u>	<u>Medal</u>	<u>Name</u>	<u>Age</u>	<u>Result</u>	<u>Medal</u>
60 METERS				400 METERS				HIGH JUMP			
Lamar Moore	23	7.47	Silver	Donald Savacool	19	52.80	Gold	Albert Arguelles	61	1.05	Gold
Emmanuel Martin	29	7.21	Gold	Robert Schwartz	42	59.43	Gold	Rick Holt	65	1.40	Gold
Brian Noe	32	7.46	Gold	Ulrick Exantus	45	60.74	Gold	David Marovich	68	1.15	Silver
Delvin Dinkins	40	7.91	Gold	Chuck Shields	52	62.63	Gold	Arthur Lebofsky	70	1.05	Gold
Ross O'Neill	42	7.99	Silver	Tom Fairchild	53	65.13	Silver	LONG JUMP			
William Foulke	45	7.74	Gold	Dan Fannon	54	65.55	Bronze	Albert Arguelles	61	3.70	Bronze
Brandon Newell	49	7.82	Silver	Lee X	55	62.86	Gold	Larry Nolly	63	4.21	Silver
Byron Friend	53	8.29	Silver	James Vash	60	76.52	Gold	Tyrone R. Lewis	63	4.21	Gold
John Hadrick	54	8.06	Gold	James Durkin	74	85.91	Gold	David Marovich	68	3.21	Gold
Gary Leigh	56	8.21	Gold	800 METERS				Arthur Lebofsky	70	2.07	Gold
John Borden	62	9.36	Bronze	Delvin Dinkins	40	2:10.23	Gold	TRIPLE JUMP			
Joachim Acolatse	64	9.04	Silver	Tom Faichild	53	2:44.14	Gold	Albert Arguelles	61	7.10	Silver
Jeff Horick	65	9.10	Bronze	Steve Cottrell	60	2:51.32	Silver	Tyrone R. Lewis	63	9.80	Gold
Glenn Schmehl	68	8.88	Gold	Dennis Mellish	61	2:44.72	Gold	David Marovich	68	6.25	Gold
Fred Edelstein	68	8.92	Silver	Alfonso Malvezzi-Campeggi	64	5:47.80	Bronze	Arthur Lebofsky	70	4.46	Gold
David Marovich	68	10.58	Gold	Jim Durkin	74	3:18.73	Gold	POLE VAULT			
Jim Durkin	74	11.76	Gold	William Welsh	82	7:11.52	Gold	Derek Larson	17	3.65	Silver
Bill Bittner	75	9.03	Gold	MILE				Michael Jensen	18	4.90	Gold
William Brown Jr.	75	10.75	Silver	Tony Mieu	20	5:35.39	Bronze	David Marovich	68	2.00	Gold
60-METER HURDLES				Kevin Forde	48	5:00.42	Gold	Joe Paradine	76	2.15	Gold
John Hadrick	54	9.44	Gold	Andrew Shearer	48	5:02.73	Silver	SHOT PUT			
Lee X	55	10.17	Gold	Mark Keese	50	6:26.18	Silver	Fred Cassaday	64	7.90	Gold
Tyrone R. Lewis	63	10.32	Gold	Duncan Smith	53	5:32.57	Gold	David Marovich	68	9.03	Gold
Larry Nolly	63	11.25	Silver	Steve Cottrell	60	6:22.03	Silver	Ray Feick	80	8.97	Gold
David Marovich	68	14.52	Gold	Dennis Mellish	61	5:56.85	Gold	Leonard Olson	80	8.40	Silver
200 METERS				Alfonso Malvezzi-Campeggi	64	10:32.10	Bronze	WEIGHT THROW			
Lamar Moore	23	24.23	Silver	3000 METERS				Hartley Palleschi	56	14.05	Gold
Emmanuel Martin	29	23.49	Gold	Tony Mieu	20	11:52.84	Gold	David Marovich	68	12.96	Gold
Delvin Dinkins	40	25.57	Gold	Chris Carroll	40	10:38.95	Gold	Leonard Olson	80	11.67	Gold
Byron Friend	53	27.40	Gold	Andrew Shearer	48	10:31.79	Gold	Ray Feick	80	11.60	Silver
Gary Leigh	56	27.36	Gold	3000-METER RACE WALK				Hartley Palleschi	56	6.17	Gold
Joachim Acolatse	64	30.63	Gold	James Carmines	68	19:00.22	Gold	Ken Moss	64	9.25	Gold
Alfonso Malvezzi-Campeggi	64	52.23	Bronze	Arthur Lebofsky	70	20:03.92	Gold	David Marovich	68	5.97	Gold
Jeff Horick	65	30.61	Silver					Leonard Olson	80	6.04	Gold
Glenn Schmehl	68	30.24	Gold					Ray Feick	80	5.81	Silver
Fred Edelstein	68	30.76	Bronze					SUPER WEIGHT THROW			
Jim Durkin	74	38.07	Gold					Hartley Palleschi	56	6.17	Gold
William Brown	75	40.96	Gold					Ken Moss	64	9.25	Gold
								David Marovich	68	5.97	Gold
								Leonard Olson	80	6.04	Gold
								Ray Feick	80	5.81	Silver

MID-ATLANTIC INDOOR TRACK & FIELD CHAMPIONSHIPS

WOMEN'S RESULTS

Name	Age	Result	Medal
60 METERS			
Taylor Williams	16	7.93	Gold
Dawn Kent	37	8.93	Gold
Jill Cypress	40	8.14	Gold
Delores Grandison	59	9.71	Gold
Michela Guiso-Gallisai	62	15.16	Gold
Lana Kane	72	12.26	Gold
60-METER HURDLES			
Lhayana Dallas	23	9.73	Gold
Jill Cypress	40	10.18	Gold
Lizanne Stephan	44	11.65	Silver
Delores Grandison	59	13.59	Gold
200 METERS			
Michela Guiso-Gallisai	64	58.01	Gold
800 METERS			
Iyanna Crawley	19	2:38.27	Bronze
Lhayana Dallas	23	2:32.77	Silver
Sophia Downey	24	2:29.42	Gold
Lorraine Jasper	50	2:52.33	Gold
Wendi Glassman	56	2:52.95	Gold
Joy Oakey	63	3:21.77	Gold
MILE			
Sophia Downey	24	6:04.49	Gold
Karen Lein	53	7:59.64	Gold
Joy Oakey	63	7:06.19	Gold
3000 METERS			
Sophia Downey	24	12:08.12	Gold
3000-METER RACE WALK			
Lois Dicker	72	21:35.98	Gold
HIGH JUMP			
Lhayana Dallas	23	1.45	Gold
Melanie Berra	43	1.40	Gold
Delores Grandison	59	1.25	Gold
LONG JUMP			
Brianna Liebold	24	5.14	Gold
Sharon Shipes	35	3.44	Silver
Dawn Kent	37	4.61	Gold
TRIPLE JUMP			
Jill Cypress	40	10.59	Gold
Koura Gibson	47	7.97	Gold
SHOT PUT			
Jane Simpson	70	4.75	Silver
Lana Kane	72	5.57	Gold

HIGH PERFORMANCE TRACK & FIELD

Earlier Date for Indoor Champs

In the last two years, the association's indoor championship has been held after the national championship, which has resulted in a drop-off in participation. The High Performance Committee is recommending that the indoor championship should be scheduled before the indoor nationals date in the future.

HIGH PERFORMANCE COMMITTEE
Rogers Glispy

The association championship should be a build-up to nationals for members seeking qualifying marks. The recommended date for 2013 is the weekend of March 2 or March 9, depending on the nationals date.

The Philadelphia Masters Track and Field Association is looking to take on the meet again and will try to get officials for those dates. Philadelphia Masters also plans to hold a developmental indoor series again.

Coming: Track & Field Grand Prix

A new Track & Field Grand Prix Circuit will be inaugurated in the coming year. The committee has affirmed the categories and age-graded tables for scoring the circuit. The committee also decided to give only individual awards at first, and to add team awards at a later date.

Committee Goals

The committee has affirmed that our primary goal is to promote the sport of track and field to out-of-school athletes. The committee plans to further this effort by:

- ▶ Holding more meets annually for our members, including full meets, the track & field grand prix, distance/sprint/throwers nights, etc.

- ▶ Offering clinics for athletes, coaches and officials in our association in subjects such as pole vault, throws, jumps and race walk certification for officials.

- ▶ Promoting events throughout the region to better serve areas outside of the Philadelphia metro area such as southeastern Pennsylvania and Delaware, central and northern Pennsylvania, etc.

- ▶ Reaching out to clubs and members outside the Philadelphia metro area to become involved in High Performance.

- ▶ Identifying under-represented Mid-Atlantic members – such as race walkers, throwers, athletes with special needs, etc. – and surveying their wants and needs.

- ▶ Increasing visibility and marketing of High Performance through selling and giving away merchandise.

2012 USA MASTERS INDOOR TRACK & FIELD CHAMPIONSHIPS: WOMEN'S RESULTS

Here is a complete list of Mid-Atlantic Association members who won medals at the national championships March 16-18 in Bloomington, Ind.

30-34 AGE GROUP

Charmaine Davis, 31, TNT

1st, 200 Meters, 29.36
 1st, Shot Put, 7.33 meters
 1st, Weight Throw, 6.06 meters
 1st, Super Weight, 4.23 meters

Lorelei Lankin, 34, TNT

1st, Long Jump, 4.09 meters

35-39 AGE GROUP

Jill Cypress, 39, TNT

1st, 60 Meters, 8.29
 1st, 400 Meters, 1:02.5
 1st, Long Jump, 4.99 meters
 1st, Triple Jump, 11.10 meters

Dawn Kent, 37, TNT

3rd, Long Jump, 4.27 meters
 3rd, Triple Jump, 8.43 meters
 2nd, High Jump, 1.28 meters
 2nd, Weight Throw, 7.67 meters
 2nd, Super Weight, 5.03 meters
 2nd, Pentathlon, 1,861 points
 3rd, Pentathlon 60-Meter Hurdles, 12.36
 2nd, Pentathlon High Jump, 1.33 meters
 3rd, Pentathlon Shot Put, 7.58 meters
 3rd, Pentathlon Long Jump, 3.99 meters
 2nd, Pentathlon 800 Meters, 3:17.8

DaBeth Manns, 35, TNT

3rd, 400 Meters, 1:42.8
 2nd, 3000-Meter Race Walk, 20:28.3

Vandora Myers, 35, TNT

1st, Shot Put, 7.75 meters
 1st, Weight Throw, 7.81 meters
 1st, Super Weight, 5.43 meters

40-44 AGE GROUP

Linda Butts, 42, TNT

1st, Shot Put, 8.43 meters
 1st, Weight Throw, 8.35 meters
 1st, Super Weight, 5.46 meters

Kristine Longshore, 44, Philadelphia

2nd, 60-Meter Hurdles, 12.08
 3rd, Long Jump, 3.23 meters

1st, Pentathlon, 1,280 points

2nd, Pentathlon 60-Meter Hurdles, 13.07

2nd, Pentathlon High Jump, 1.03 meters

2nd, Pentathlon Shot Put, 5.15 meters

2nd, Pentathlon Long Jump, 2.93 meters

2nd, Pentathlon 800 Meters, 3:26.6

Charmaine Roberts, 44, Athena

1st, 400 Meters, 59.69

3rd, 800 Meters, 2:24.0

Lizanne Stephan, 44, TNT

1st, 60-Meter Hurdles, 11.25

2nd, Shot Put, 8.38 meters

2nd, Weight Throw, 6.04 meters

2nd, Super Weight, 4.23 meters

45-49 AGE GROUP

Gina Lanier, 46, TNT

3rd, Weight Throw, 8.11 meters

3rd, Super Weight, 5.24 meters

Terri Rath, 48, Athena

3rd, 60 Meters, 8.83

Christine Roemer, 46, TNT

2nd, 60-Meter Hurdles, 11.37

1st, Long Jump, 3.49 meters

1st, High Jump, 1.12 meters

1st, Pentathlon, 2,072 points

1st, Pentathlon 60-Meter Hurdles, 11.21

1st, Pentathlon High Jump, 1.12 meters

1st, Pentathlon Shot Put, 6.49 meters

1st, Pentathlon Long Jump, 3.26 meters

1st, Pentathlon 800 Meters, 3:24.4

Maryline Roux, 45, Athena

3rd, 200 Meters, 29.12

1st, 400 Meters, 1:05.3

Heather Scanlon, 49, Philadelphia

3rd, Shot Put, 7.62 meters

50-54 AGE GROUP

Cheryl Bellaire, 53, Athena

2nd, 400 Meters, 1:10.2

2nd, Mile, 6:02.4

Terri Cassel, 50, Athena

2nd, 800 Meters, 2:32.4

Kathy Haubrich, 52, Athena

3rd, 400 Meters, 1:10.2

Julie Hayden, 52, Athena

1st, 400 Meters, 1:08.8

3rd, 800 Meters, 2:33.3

Linda Jarjisian, 51, TNT

3rd, Long Jump, 3.13 meters

2nd, High Jump, 1.08 meters

2nd, Pole Vault, 1.60 meters

2nd, Pentathlon, 1,687 points

1st, Pentathlon 60-Meter Hurdles, 13.86

2nd, Pentathlon High Jump, 1.12 meters

2nd, Pentathlon Shot Put, 6.21 meters

2nd, Pentathlon Long Jump, 3.05 meters

2nd, Pentathlon 800 Meters, 3:56.9

Lorraine Jasper, 50, Athena

1st, 800 Meters, 2:28.6

1st, Mile, 5:46.4

Jo Phelps, 53, TNT

3rd, 60-Meter Hurdles, 14.15

1st, Long Jump, 3.61 meters

1st, High Jump, 1.12 meters

1st, Pentathlon, 1,909 points

2nd, Pentathlon 60-Meter Hurdles, 14.1

1st, Pentathlon High Jump, 1.21 meters

1st, Pentathlon Shot Put, 6.86 meters

1st, Pentathlon Long Jump, 3.22 meters

1st, Pentathlon 800 Meters, 3:51.3

55-59 AGE GROUP

Wendi Glassman, 56, Athena

2nd, 800 Meters, 2:49.6

2nd, Mile, 6:29.6

Delores Grandison, 59, TNT

2nd, 60-Meter Hurdles, 13

2nd, High Jump, 1.28 meters

1st, Pentathlon, 2,649 points

1st, Pentathlon 60-Meter Hurdles, 13.32

1st, Pentathlon High Jump, 1.24 meters

1st, Pentathlon Shot Put, 8.48 meters

1st, Pentathlon Long Jump, 3.50 meters

1st, Pentathlon 800 Meters, 3:50.5

Jean Griffin, 56, Philadelphia

3rd, 200 Meters, 32.68

MEN'S RESULTS**30-34 AGE GROUP**

Matthew Crowell, 34, TNT
1st, Weight Throw, 5.84 meters
1st, Super Weight, 3.22 meters

35-39 AGE GROUP

Kim Lanier, 36, TNT
3rd, Long Jump, 4.00 meters
2nd, Weight Throw, 3.87 meters
1st, Super Weight, 2.41 meters

Kyle Lanier, 39, TNT
2nd, 800 Meters, 2:08.37

Daniel Murdock, 37, TNT
3rd, Triple Jump, 10.60 meters

Etroy Nelson, 38, TNT
2nd, Shot Put, 9.05 meters

40-44 AGE GROUP

David Ash, 41, TNT
1st, Pentathlon, 1,736 points
1st, Pentathlon 60-Meter Hurdles, 11.37
1st, Pentathlon Long Jump, 4.37 meters
1st, Pentathlon Shot Put, 8.13 meters
1st, Pentathlon High Jump, 1.30 meters
1st, Pentathlon 1000 Meters, 3:58.57

Nicholas Berra, 43, GPTC
2nd, 800 Meters, 2:00.53
2nd, 3000 Meters, 8:58.03

Clinton Fields, 40, TNT
3rd, Long Jump, 5.84 meters

45-49 AGE GROUP

Kevin Forde, 48, GPTC
3rd, Mile, 4:42.44

Kerry Sloan, 49, TNT
3rd, 60-Meter Hurdles, 10.09
3rd, Pentathlon, 3,111 points
2nd, Pentathlon 60-Meter Hurdles, 10.11
3rd, Pentathlon Long Jump, 4.82 meters
2nd, Pentathlon Shot Put, 10.63 meters
3rd, Pentathlon High Jump, 1.57 meters
2nd, Pentathlon 1000 Meters, 3:13.71

50-54 AGE GROUP

Lovell Butler, 52, TNT
2nd, 60 Meters, 7.61

Raymond Parker, 50, GPTC
2nd, 400 Meters, 56.10

60-64 AGE GROUP

Lawrence Nolly, 63, TNT
1st, Long Jump, 4.53 meters

WOMEN'S RELAY RESULTS**30-39 RELAY AGE GROUP**

TNT: Jill Cypress, Charmaine Davis, Delores Grandison, Lorelei Lankin
1st, 4x200-Meter Relay Club, 2:00.81

TNT: Jill Cypress, Charmaine Davis, Linda Jarjisian, Dawn Kent
1st, 4x400-Meter Relay Club, 5:04.98

TNT: Dawn Kent, Christine Roemer, Jo Phelps, Linda Jarjisian
1st, 4x800-Meter Relay Club, 15:58.63

40-49 RELAY AGE GROUP

TNT: Christine Roemer, Lizanne Stephan, Jo Phelps, Linda Jarjisian
1st, 4x200-Meter Relay Club, 2:16.05

Athena: Julie Hayden, Cheryl Bellaire, Terri Rath, Maryline Roux
1st, 4x400-Meter Relay Club, 4:30.18

TNT: Christine Roemer, Lizanne Stephan, Delores Grandison, Jo Phelps
3rd, 4x400-Meter Relay Club, 5:16.23

50-59 RELAY AGE GROUP

Athena: Kathy Haubrich, Julie Hayden, Cheryl Bellaire, Lorraine Jasper
1st, 4x800-Meter Relay Club, 10:38.97

MEN'S RELAY RESULTS**30-39 RELAY AGE GROUP**

TNT: Daniel Murdock, La Roi Thompson, Matthew Crowell, Etroy Nelson
1st, 4x200-Meter Relay Club, 1:37.97

TNT: Daniel Murdock, La Roi Thompson, Matthew Crowell, Etroy Nelson
1st, 4x400-Meter Relay Club, 3:44.81

TNT: Scott Cashdollar, Kareem Lanier, Daniel Murdock, Kyle Lanier
1st, 4x800-Meters Relay Club, 9:16.90

40-49 RELAY AGE GROUP

TNT: Leon Winder, Mohamed Ali, Scott Cashdollar, Clinton Fields
2nd, 4x200-Meter Relay Club, 1:44.48

TNT: Scott Cashdollar, Kerry Sloan, Ulrick Exentus, Leon Winder
2nd, 4x400-Meter Relay Club, 3:59.47

TNT: David Ash, Ulrick Exantus, Stephen Cottrell, Leon Winder
2nd, 4x800-Meter Relay Club, 11:11.62

50-59 RELAY AGE GROUP

TNT: Byron Friend, Lovell Butler, John Hadrick, Thomas Tinsman
2nd, 4x200-Meter Relay Club, 1:49.07

60-69 RELAY AGE GROUP

TNT: James Frontino, Bernie Linner, Stephen Cottrell, Lawrence Nolly
3rd, 4x200-Meter Relay Club, 2:03.26

TNT: Stephen Cottrell, Lawrence Nolly, Bernie Linner, James Frontino
2nd, 4x400-Meter Relay Club, 5:17.57

MID-ATLANTIC USATF 2012 OPEN AND MASTERS OUTDOOR CHAMPIONSHIPS ENTRY FORM

Hosted by USATF Mid-Atlantic High Performance/Masters Committee

Saturday, June 9, 2012

First Name: _____ Last Name: _____

**HURDLERS
MUST
PREREGISTER!**

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ E-Mail: _____

**HURDLERS
MUST
PREREGISTER!**

Gender: M F Date of Birth: ____/____/____ Age as of 6/9/12: ____
(circle) (mm/dd/yy)

USATF #: _____ **USATF Assoc. Affiliation (check one):** _____
(REQUIRED) Mid-Atlantic
New Jersey
Potomac Valley
Other (Specify _____)

Individual Events / Recent Performance (or your best estimate) or Start Height for HJ and PV:

- | | |
|------------------|------------------|
| 1. _____ / _____ | 4. _____ / _____ |
| 2. _____ / _____ | 5. _____ / _____ |
| 3. _____ / _____ | 6. _____ / _____ |

Fee Schedule for Individual Events (registration and payment for Relays will be day of meet only, \$20 per team)

(All athletes must be USATF members, and entries must be postmarked by Saturday June 2, 2012 for Pre-Entry Rate):

<u>Events</u>	<u>Pre-Entry by Mail</u>	<u>Late Mail and Meet Day Entry</u>
1	\$10	\$20
2	\$20	\$30
3	\$30	\$40
4	\$40	\$50
5	\$50	\$60
6	\$60	\$70
	Etc.	Etc.

Send to: USATF Mid-Atlantic
High Performance
c/o Rogers Glispy
111 Florence Ave
Wilmington, DE 19803

**HURDLERS
MUST
PREREGISTER!**

Total Amt. _____

Enclosed _____

Make checks payable to: "USATF Mid-Atlantic"

Waiver and Release: In consideration of your accepting my entry into this meet, I hereby for myself, my heirs, executors, administrators, and assigns waive and release any and all rights and claims for damages I may have against USATF, Mid-Atlantic USATF, High Performance Committee, Widener University, and the employees, agents, officers, volunteers, representatives, successors and assigns thereof for any and all injuries suffered by me in said event, or as a result of my travel to and from the competition. I attest and certify that I am physically fit and have sufficiently trained for the competition and that my date of birth is as stated on this application. I authorize meet personnel and their agents permission to request emergency medical treatment or care as necessary to insure my well-being. I agree to release my name and/or photo for publicity purposes. I acknowledge that my failure to comply with the rules of competition as set by USATF and/or the Mid-Atlantic High Performance Committee will result in my disqualification, and that my entry fee is nonrefundable, including if the event is cancelled.

Signature: _____ Date _____

2011 USATF ANNUAL MEETING

Here are two additional reports from Mid-Atlantic delegates to the USATF national meeting last December in St. Louis. Reports previously filed by other association delegates may be viewed at mausatf.org.

U.S. Gains Stature in Race Walking World

Noteworthy performances by the 2011 national teams showed that U.S. competitiveness in race walk continues to improve.

At the Pan American Cup in March in Medellin, Colombia, the U.S. men's team won the silver medal in the sport, which is usually dominated by South and Central American teams. The women's team finished fourth, with Solomiya Login of the Mid-Atlantic Association finishing third among the U.S. athletes and 18th overall.

At the Pan American Games held in October at altitude in Guadalajara, Mexico, U.S. athletes finished in the top 10 in the men's and women's 20-kilometer race walk and in the men's 50-kilometer race walk.

The women's and men's teams combined for a

dominating victory in the USA vs. Canada junior international

RACE WALKING
Ed Richardson

race walk team event in August in Boston.

Increasing Participation

The themes at the annual meeting continued to focus on how to expand the number of young men and women who train and compete.

A new Apprentice Program was introduced. This is a two-year funding opportunity for associations to develop and implement new programs in all of the disciplines: track, field, race walk, disabled athletics and judging.

The purpose is to increase the number and skill of participants at the grass roots level. The program is expected to be rolled out during 2012.

National Elections

A national nominations committee was appointed to take charge of the 2012 election and credentials process for national race walk officers and national committee staff. Solomiya Login was appointed to this important four-person committee.

Controversy on Drug Testing

One of the more controversial issues was the initiation of drug testing at the Masters Track & Field Championships at Berea, Ohio, this past summer.

Even though athletes were warned ahead of time and testing was limited,

MASTERS TRACK & FIELD
Carl Grossman

several athletes were found to be out of compliance.

Estate Bequests

Because of financial issues, an Estate Bequest Model was presented as a guide for athletes on bequeath money directly to Masters Track and Field.

Championship Announcers

It was also agreed that the local organizing committee that puts on National Masters Track and Field Championships should be responsible for engaging an announcer.

10K Championship Race

It was proposed that a 10k race walk be added as a trial for one year at the Masters Outdoor Track & Field Championships, which will be held in Lisle, Ill., in August.

Update on Solomiya Login

Philadelphia race walker **Solomiya Login** qualified in Eugene, OR, on April 1 to be a member of the Team USA 2012 and will compete in the IAAF World Cup in Saransk, Russia, on May 12-13.

As part of her preparations for the July 1 Olympic trials, also in Eugene, Login recently returned to Colombia to continue training at altitude.

She was invited to race in the Colombian Regional Championship race, the "Copa Nacional de Marcha Atlética." She placed fourth in the elite women's division in the 20k race in the suburbs of Bogota at 8,350 feet altitude.

Officials Certifications Still On Hold

As I write this, some new officials have been waiting for their credentials for five months. The same goes for officials who have recertified or have requested upgrades in their certification level.

No, I haven't lost the paperwork, or put the process on hold. Every certification chair in the country was told to stop using the website we have used for the last eight years to enter officials into the national database as a new website was being opened in January.

The revamped website is still not up and running, putting a hold on the entire certification process.

If you have submitted the application, application fee and test, feel free to tell anyone asking that your certification is pending. I understand that some officials have not volunteered to work some of the Mid-Atlantic meets because they haven't received their certification number to complete the meet applications. If that is the case, please write "pending" on the certification number space.

At this point, the Youth Committee still needs officials for their Junior Olympic series, and I encourage you to help out. If you are available and have not applied, please write to Cynthia Young at cm1099@aol.com.

Officials Must Hold USATF Membership

All certified officials are reminded that they need

OFFICIALS NEWS

Ken Yerger

to maintain their USATF membership. The membership comes with insurance and current officials have additional secondary insurance which covers you at meets other than USATF-sanctioned events.

If you need to obtain your membership, which is yearly, not by Olympiad as certification, go to our website, www.mausatf.org, and there you can either download a paper form or pay online with any credit card.

New Olympiad Starts in November

The certification process begins anew on Nov. 1 for the next Olympiad. Officials are certified for four-year periods, not to be confused with yearly USATF membership.

We all will need to apply, pay an application fee, and re-take the appropriate test. It is a good time to consider sending in a more updated photo as some of them are a little dated.

If you are considering becoming a USATF official or know someone who is interested, I encourage you to apply now. The national committee gives NEW officials in the last year of an Olympiad that year PLUS the following four years of the new Olympiad.

About the Mid-Atlantic Association

Mid-Atlantic is the local association for USA Track & Field (USATF), which is the national governing body for track and field, long-distance running and race walking in the United States. USATF Mid-Atlantic serves the state of Pennsylvania east of and including Potter, Clinton, Centre, Huntingdon and Bedford counties; the state of Delaware; and our membership in New Jersey.

Mid-Atlantic Association Executive Board

A. Monique White – President
Mike Hemsley – Vice president, Law/legislation
Mary Braverman – Financial secretary
Ken Yerger – Secretary, Officials
Norman Green – Treasurer
Ed Callahan – Past president

Bob Delambily – Budget/finance
Doreen McCoubrie – Membership
Nelson Berrios – Youth
Rogers Glispy – High performance
David Thomas – Long distance running
Paul Spencer – Communications

Address: **USATF Mid-Atlantic, P.O. Box 662, Southeastern, PA 19399-0662**
 Website: www.mausatf.org



Individual Membership Application—2012

For Department use: USATF # _____

Application: New Renewal Age: _____ Gender: Male Female

Name: _____ Birthdate: ____/____/____

Address: _____

City: _____ State: _____ Zip+4: _____

Home: (____) _____ Work: (____) _____ FAX: (____) _____

E-Mail Address: _____

USATF Club Name: _____ Club Number: _____

Citizen of What Country: _____

Membership Category: (Pick one)

- Youth Athlete (AY - Under 19)
- Open Athlete (AO - 19 - 39)
- Masters Athlete (AV - 40 & Older)
- Coach (C0 C1 C2)
- Official (OA ON OM)
- Administrator (AD)

Sport(s) in which you compete: (Pick any that apply)

- Track (T)
- Field (F)
- Race Walking (W)
- Cross Country (X)
- Long Distance Running (R)
- Ultra-Running (U)

Membership Fee: (Pick one)

- Adult (age 19 or older) One Year Membership. Fee is \$30.00. Two Years: \$55.00
- Adult (age 19 or older) Three Year Membership. Fee is \$80.00. Four Years: \$100.00
- Youth (age 18 or younger) One Year Membership. Fee is \$20.00. Two Years: \$40.00
- Youth (age 18 or younger) Three Year Membership. Fee is \$60.00. Four Years: \$80.00

Birth Certificate Required in Youth Athletics.

- Birth Certificate Attached. Birth Certificate Already on File From 2011

Additional Tax Deductible Contribution: (Thank You)

- I have included an additional \$ _____ Tax Deductible Contribution.

Signature: _____ Date: ____/____/____

(If under 18 must be signed by parent or guardian)

Make Checks payable to: USATF Mid-Atlantic

Mail Completed Applications to:

**Mid-Atlantic Assn
PO Box 662
Southeastern, PA 19399**

USATF Mid-Atlantic Association
P.O. Box 662
Southeastern, PA 19399-0662