

# Mid-Atlantic Quarterly

THE NEWSLETTER OF USATF MID-ATLANTIC

JANUARY 2012



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ON THE WEB  
[www.mausatf.org](http://www.mausatf.org)

## MEET THE CHAIRS

### Track & Field Veterans To Lead Sports Committees

The new chairs of the Track & Field and Youth Athletics committees at the Mid-Atlantic Association bring a wealth of experience – both on and off the track – to their leadership roles.

The two leaders, along with vice chairs, were chosen by each committee's members, who were either elected at the association annual meeting in September or appointed by President A. Monique White.

**Rogers Glispy**, the new chair of High Performance Track & Field, became the athletic director at the Community College of Philadelphia last year.

As assistant athletic director and head coach of the men's and women's cross country/track & field teams since 2003, his teams won eight PCAA State and nine EPCC Conference championships. He was named state cross country coach of the year for the last six years.

Glispy founded and leads the Colonial Track Club, a USATF member club. He is also the program manager for the International Student Athlete Academy, a non-profit organization based in

Philadelphia. The academy conducts academic enrichment programs and athletic events, camps and clinics to help prepare student athletes, from middle school through junior college, to succeed in college.

Glispy succeeds Ray Feick as chair. "We have a great track record promoting and conducting track meets for Master athletes," Feick said. "I have enjoyed working with committee members to select venues and conducting the Throw-a-thon and Ultra Weight Pentathlon for the past eleven years."

The new co-vice chairs of the committee are Kyle and Gina Lanier.

**Nelson Berrios**, the new chair of the Youth Athletics Committee, has been on the committee for three years, the last two as the secretary. He is president of the Berks County Track and Field Officials Association, and is a USATF track official with a National Level certification.

Berrios joined the U.S. Army after he graduated from Reading High School, where he was on the 4x400-meter relay

*(Continued on page 22)*



Glispy



Berrios

## It's Time To Join Or Renew

To join USATF Mid-Atlantic, or to renew your membership if it is expiring, use the form on the inside back page of this newsletter. Joining is easy, and USATF members receive an array of benefits including insurance, discounts on track & field and fitness magazines, USATF publications and the Mid-Atlantic Quarterly.

## GRAND PRIX CIRCUIT

# South Jersey, Barely

## Club Wins 10th Straight; Watson, McCoubrie Tops Overall

The 2011 Grand Prix Club Challenge had its closest finish ever in 2011, but one thing didn't change – the South Jersey Athletic Club came out on top for the 10th year in a row.

South Jersey squeaked by the Athena Track Club by less than four points – 2,507.5 to 2,504.0 – and another five teams were within 72 points of first place. The top seven clubs finished in exactly the same order as last year – but bunched much closer together.

In the individual standings, Greg Watson of Media repeated as the top male finisher, followed by Jim Sery in second and Pat Hayburn in third. Watson, 44, of the Bryn Mawr Running Club, finished third overall in two of the Grand Prix races – Scott Coffee Moorestown Rotary 8k and the Radnor 5-Mile Run. He cemented his victory on the final race weekend with a time of 26:59 in the Rothman Institute 8k.

Among the women, Doreen McCoubrie of Malvern finished first in the individual standings, with Joy Hampton second and Carolyn Bujak (last year's champion) third. In a competition where an individual age-graded score over 90 is a rarity, McCoubrie scored 90-plus in four of her five races – including an almost unheard-of 94.4 in the Philadelphia Marathon, which she finished in 2:50.23. McCoubrie, who turned 50 in October, represents the Athena club.

The Club Challenge came down to the final three-race weekend – the Philadelphia Marathon and Half-Marathon and the Rothman 8K. South Jersey led the challenge by about 16 points going into the three events Nov. 19-20. Athena closed the gap, but fell short by 3.5 points.

### Get Ready for 2012

Online registration for the first 2012 Grand Prix race, the Haddonfield Adrenaline 5K, is now open at: [runsignup.com/Race/NJ/Haddonfield/HaddonfieldAdrenaline5K](http://runsignup.com/Race/NJ/Haddonfield/HaddonfieldAdrenaline5K).

Also, make a note that registration for the Broad Street Run, a popular race that sells out quickly, will open Feb. 15.

USATF members for 2012 can utilize the \$2 Grand Prix discount by entering "usatf" in the coupon code field.

"This is the closest the Club Challenge has ever been," said Ed Maher, who supervises the Grand Prix Circuit and compiles the results.

"We've had more club interest, participation and increased competition as the Club Challenge has matured over the 10 years it's been conducted and we've been able to increase the amount and depth of prize money."

The Club Challenge comprised 10 races in 2011, with the Philadelphia Marathon weekend races treated as one event.

The scoring for each race is based on the top five age-graded finishers from each club, including at least one woman. Each club's total score is based on its best seven events – although this year the number was reduced to six after a blizzard forced the Radnor Run to be rescheduled to the same weekend as another race.

Because there was one less race opportunity, an athlete's best five (instead of best six) WMA% scores from Grand Prix races were counted in the overall Grand Prix and Age Graded standings.

***"Racing teaches us to challenge ourselves. It teaches us to push beyond where we thought we could go. It helps us to find out what we are made of."***

**PattiSue Plumer**  
U.S. Olympian

#### Acknowledgment:

The quotations in the margins are from "The Quotable Runner," edited by Mark Will-Weber, Breakaway Books.

## GRAND PRIX CIRCUIT

## 2011 CLUB, INDIVIDUAL AWARDS

## Top 10 Overall Age Graded Awards

FEMALE		MALE	
1	Doreen McCoubrie	1	Greg Watson
2	Joy Hampton	2	Jim Sery
3	Carolyn Bujak	3	Pat Hayburn
4	Lorraine Jasper	4	James Flanagan
5	Julie Hankin	5	Greg Dykstra
6	Cecily Tynan	6	Kenneth Kondracki
7	Mary Braverman	7	David Stewart
8	Linda Hawke	8	Gene Dykes
9	Kyra McGrath	9	Thomas Jennings
10	Robin Jefferis	10	Stephen Metraux

## Grand Prix Club Challenge

CLUB	Points	Prize
South Jersey AC	2507.5	\$1,000
Athena Track Club	2504.0	\$700
Greater Philadelphia TC	2478.1	\$500
Downingtown RC	2462.4	\$300
Bryn Mawr RC	2461.6	\$200
Pike Creek Valley RC	2435.8	\$100
Moorestown Distance		
Running Project	2284.2	\$75
TNT International	2202.0	\$50
Pineland Striders	2177.9	\$50
Philadelphia Masters	1804.1	\$50

## Age Group Awards

FEMALE		MALE	
<b>Age 20-24</b>		<b>Age 15-19</b>	
1	Kristi Motyka	1	Bill Steele
2	Samantha Howard	2	Tony Mieu
3	Katie Kelly	<b>Age 20-24</b>	
3	Laura Onderko	1	Daniel Suher
<b>Age 25-29</b>		2	Brian Lang
1	Kimberly Hickey	3	John Tran
2	Kathleen Roach	<b>Age 25-29</b>	
3	Elizabeth Welsh	1	Pat Hayburn
<b>Age 30-34</b>		2	Darryl Brown
1	Erin Patterson Gill	3	Zach Miller
2	Jamie Samanns	<b>Age 30-34</b>	
3	Lynn Knothe	1	Josh Loren
<b>Age 35-39</b>		2	Michael McKeeman
1	Denice DiCarlo	2	David Welsh
2	Janet Lewis	4	Dwayne Brown
3	Dawn Pelon	<b>Age 35-39</b>	
<b>Age 40-44</b>		1	Mark Vilardo
1	Cecily Tynan	2	Greg Prosser
2	Linda Hawke	3	Bruce Barker
3	Leslee Hoey	<b>Age 40-44</b>	
<b>Age 45-49</b>		1	Greg Watson
1	Doreen McCoubrie	2	Matthew Sandercock
2	Julie Hankin	3	Greg Dykstra
2	Lorraine Jasper	<b>Age 45-49</b>	
3	Mary Braverman	1	Ken Kondracki
		1	Jim Sery
		3	Jay Coughenour
		4	Stephen Metraux
		<b>Age 50-54</b>	
		1	Bob Schwelm
		2	Jeffery Hayes
		3	Joseph Clark
		<b>Age 55-59</b>	
		1	Epi Camacho
		2	Hugh Biggin
		3	Steve Sawyer
		<b>Age 60-64</b>	
		1	Gene Dykes
		2	Seth Bergmann
		3	Kent Prizer
		<b>Age 65-69</b>	
		1	Thomas Jennings
		2	Louis Coppens
		3	Theo Hardies
		<b>Age 70-74</b>	
		1	James Flanagan
		2	Victor Zwolak
		3	Frederick Hoey
		<b>Age 75-79</b>	
		1	Bruce Gilbert
		2	John Schultz
		<b>Age 80-84</b>	
		1	Donald Monagle
		2	Joseph Havlick

***“Second place is not a defeat. It is a stimulation to get better. It makes you even more determined.”***

**Carlos Lopes**  
Portuguese runner, before winning 1984 Olympic Marathon

## LONG DISTANCE RUNNING

## LDR AWARDS

## Off-Road Club Challenge

CLUB	Points	Prize
Greater Philadelphia TC Club	2733.2	\$500
Rosemont Running Club	2710.4	\$400
Pike Creek Valley RC	2620.0	\$300
Pineland Striders	2358.1	\$200
Wissahickon Wanderers	1246.2	\$100

## Off-Road Age Group Awards

FEMALE		MALE	
<b>Age 19-39</b>		<b>Age 20-39</b>	
1 Sharon Schmidt-Mongrain		1 Daryl Weaver	
2 Joanne Klemptner		2 Bill Steele	
3 Lisa Jalot		3 Matt Grey	
<b>Age 40-49</b>		<b>Age 40-49</b>	
1 Mary Braverman		1 Louis Secreto	
2 Joan Hunter		2 Tadd Morris	
3 Julie Deery		3 Scott Brockett	
3 Dawn Kempton		3 Greg Watson	
<b>Age 50-59</b>		<b>Age 50-59</b>	
1 Diane Grim		1 Chuck Shields	
2 Bonnie Stoeckl		2 Tom Steenkamer	
3 Carole Feole		3 Bob Rimkis	
<b>Age 60-plus</b>		<b>Age 60-plus</b>	
1 Diane Hardies		1 Fred Shufflebarger	
2 Mea Schiff		2 Gene Dykes	
3 Diane McManus		3 Mark Frazza	

## Cross Country Series Awards

FEMALE	
1 Mary Braverman - Greater Philadelphia	
2 Diane McManus - Greater Philadelphia	
3 Cecily Tynan - Athena	
4 Sarah Simonetti - Greater Philadelphia	
5 Joan Hunter - Greater Philadelphia	
6 Donna Palisca - Greater Philadelphia	
7 Bonnie Stoeckl - Rosemont	
MALE	
1 Bruce Gilbert - Philadelphia Masters	
2 Brent Wright - Greater Philadelphia	
3 Chuck Shields - Greater Philadelphia	
4 Tom Jennings - Greater Philadelphia	
5 Mark Frazza - Rosemont	
6 Dennis O'Connor - Greater Philadelphia	
7 Rich DiGiacomo - Greater Philadelphia	

## Greater Philly Is Off-Road Victor

The Off-Road Club Challenge was a squeaker. The Greater Philadelphia Track Club finished in first place, with 2,733.2 points. The biggest gainer from 2010 was the Rosemont Running Club, which came second, only 23 points back.

Among the individual female athletes, Sharon Schmidt-Mongrain finished first in the Open division, after tying for second in 2010. Mary Braverman finished first in the 40-49 age group, also after finishing second last year. Diane Grim won the 50-59 division, and Diane Hardies repeated as the winner in the 60-plus division.

Among the men, Daryl Weaver won the Open division, up from second place last year. Louis Secretaro was first in the 40-49 group, Chuck Shields won the 50-59 group, and Fred Shufflebarger repeated as winner in the 60-plus group.

Looking ahead to 2012, the schedule for the 10<sup>th</sup> Annual Off-Road Running Series is now posted at

[www.mausatf.org](http://www.mausatf.org). The list of races is the same as 2011, except that the Double Trouble Trail Run, a 15k race through French Creek State Park in Morgantown, PA, will replace the Half-Wit Half-Marathon.

## Cross Country Series

In the third annual Cross Country Series, Mary Braverman of the Greater Philadelphia Track Club was the winner, followed by Diane McManus of Greater Philadelphia and Cecily Tynan of Athena, last year's winner.

The men's winner was Bruce Gilbert of Philadelphia Masters Track & Field Association, followed by Brent Wright and Chuck Shields, both of Greater Philadelphia.

*“Few understand the mental agony through which an athlete must pass before he can give his maximum – and how rarely, if he is built such as I, he can give it.”*

Roger Bannister

# 2012 CALENDAR: MID-ATLANTIC LONG-DISTANCE RUNNING

## GRAND PRIX CIRCUIT

March 17 8:30 a.m.	<b>Haddonfield Adrenaline Run 5K*</b> 856-428-1886 www.runningco.com	Dave Welsh c/o Haddonfield Running Co. 121 Kings Highway East Haddonfield, NJ 08033	Feb. 26 11 a.m.	<b>Ugly Mudder 7 Mile Trail Run</b> 610-779-2868 www.pretzelcitytiming.com	Spook Lane and Hill Road Reading, PA Director: Ron Horn rhompos@aol.com
March 25 8:30 a.m.	<b>Citizens Bank Caesar Rodney Half Marathon</b> 302-737-6414 www.lunginfo.org/ceasarodney	Sue DeNardo 630 Churchman's Road, Suite 202 Wilmington, DE 19806	March 31 9 a.m.	<b>Tyler Arboretum 10k Trail Run</b> 610-891-0806 www.tylertrailrun.com	Tyler Arboretum Media, PA Director: John Greenstone TylerTrailRun@yahoo.com
April 22 8:30 a.m.	<b>Valley Forge Revolutionary 5 Mile Run</b> 610-834-7893 www.revolutionaryrun.org	Kenneth Chen VFCVB 1000 First Avenue, Suite 101 King of Prussia, PA 19482	April 28 10 a.m.	<b>Trail Triple Crown 10k Run</b> 302-373-3723 www.triplecrowntrailrun.org	Carpenter Recreation Area White Clay Creek State Park Route 896, Newark, DE Director: John MacKenzie johnmack@udel.edu
May 6 8:30 a.m.	<b>Blue Cross Broad Street Run (10 miles)</b> 215-683-3594 www.broadstreetrun.com <b>NOTE: Registration opens Feb. 15.</b>	Jim Marino Blue Cross Broad Street Run P.O. Box 18543 Philadelphia, PA 19129	June 2 9 a.m.	<b>Wissahickon Trail Classic 10k</b> 215-694-8332 www.wissahickontrailclassic.org	Wissahickon Park Forbidden Drive and Northwestern Avenue Philadelphia, PA Director: Phil Ranly phil@ranly.net
June 2 8:30 a.m.	<b>Scott Coffee Moorestown Rotary 8K*</b> 856-234-9371 www.runningintheusa.com/moorestown	Bill VanFossen/Bob Bickel c/o Moorestown Running Co. 115 W. Main St., #2 Moorestown, NJ 08057	July 8 9 a.m.	<b>Double Trouble 15k Trail Run</b> 610-779-2868 www.pretzelcitytiming.com	French Creek State Park Morgantown, PA Director: Ron Horn rhompos@aol.com
Oct. 7 8:30 a.m.	<b>Delaware Distance Classic* (15k)</b> 302-833-1482 www.povrc.com/ddc.php	Ray Christensen c/o Pike Creek Valley Running Club P.O. Box 3258 Wilmington, DE 19804	Aug. 19 9 a.m.	<b>Radnor Red Run 5k Steeplechase</b> 610-864-5935 www.radnorredsteeplechase.org	Radnor Hunt 826 Providence Road Malvern, PA Director: Carly Smith carlysmith@gmail.com
Oct. 28 8:30 a.m.	<b>Penn Medicine at Radnor Run (5 miles)</b> 610-941-8695 www.lunginfo.org/radnorrun	Christy Demlan American Lung Association in PA 527 Plymouth Road, Suite 403 Plymouth Meeting, PA 19462	Oct. 28 10 a.m.	<b>Evansburg Challenge 10 Mile</b> 610-831-1009 www.pretzelcitytiming.com	Evansburg State Park Collegeville, PA Director: Joe Cruice jocruice@compuserfriends.org
Nov. 4 8:30 a.m.	<b>Cooper Norcross Run the Bridge* (10k)</b> Presented by AmenHealth NJ 856-933-3725 www.runthebridge.org	Susan Wiener/Kim Marino LARC School 1089 Creek Road Bellmawr, NJ 08031	Nov. 24 10:20 a.m.: women 11 a.m.: masters men 11:30 a.m.: open men	<b>Delaware Open XC Championship 5k*</b> 302-383-7248 www.delawarerunningclub.org	Brandywine Creek State Park (DE 92) Wilmington, DE Director: Jim Walsh jgwalsh59@comcast.net
Nov. 17-18 7 a.m.	<b>Philadelphia Marathon or Half Marathon (Nov. 18) or Rothman 8K (Nov. 17)</b> 215-683-2060 www.philadelphia-marathon.com	Melanie Johnson P.O. Box 58130 Philadelphia, PA 19102			

\* Denotes Mid-Atlantic championship race

Updates: [www.mausaif.org](http://www.mausaif.org)

Note: 2012 cross country schedule will be available later in the year.

## LONG DISTANCE RUNNING

# McCoubrie Wins U.S. Title

Doreen McCoubrie, a Philadelphia-area runner affiliated with the Athena Running Club, won the women's 2011 USATF Masters 5K Cross Country National Championship in October.

The Athena team of McCoubrie, Lorraine Jasper and Julie Hankin also won the W40 team title at the championships, which were on Oct. 22 at Center Park in Fairmont, NY, near Rochester.

The Greater Philadelphia Track Club's M40 team of Kevin Forde, Gene Tung, Andy Shearer, Chris Carroll and Dave Brown took third place in the M40 division. For more on that race, visit the club's website at [www.greaterphiladelphiatic.com](http://www.greaterphiladelphiatic.com).

McCoubrie, who is membership and sanctions chair of the Mid-Atlantic Association, won the overall women's title with a time of 19 minutes and 44 seconds – 37 seconds ahead of the next finisher, former Olympic marathon champion Joan Samuelson.

The course was a combination of soccer fields, wooded trails and meadows. "Conditions were mild (mid-50s) and gray," said Chuck Shields, who ran for Greater Philadelphia in the M50 age group. "However, previous days of rain made portions of the course extremely



From left, the Athena team of Lorraine Jasper, Julie Hankin and Doreen McCoubrie after winning the W40 team title.

muddy. ... The mud made for a slow race."

Three weeks earlier, Greater Philadelphia's M40 squad placed second to the Atlanta Track Club in the 2011 USATF Masters 5K Road National Championship at the Syracuse Festival of Races.

This event brings together the fastest masters runners from all over the country. The out-and-back course is flat and fast, but the conditions were cold (mid-40s), windy and wet.

The team's three top scorers were Nick Berra at 16:13, Kevin Forde at 16:31 and masters rookie Neill Clark at 17:19.



**The Greater Philly and Athena teams:** From left, Andy Shearer, Dave Brown, Chris Carroll, Lorraine Jasper, Gene Tung, Doreen McCoubrie, Chuck Shields, Julie Hankin, Bob Rimkis, Kevin Forde, Keith Davies and Bill King.

*"I see myself as an artist. Running is the way I express my talent. I wish I could paint or write music, but running is what I do and I feel great joy from it."*

**Joan Nesbit**  
World-class runner

LONG DISTANCE RUNNING

# Eleven Qualify for Marathon Trials



Photo by Bob Rimkis

LONG DISTANCE RUNNING

**Robin Jefferis and Ed Maher**

Nine women and two men from the Mid-Atlantic Association have qualified to take part in the U.S. Olympic Marathon Trials, which will be held Jan. 14, 2012, in Houston. They are:

**Women:**

- Samantha Howard of Lancaster, PA
- Emily Hulme of Havertown, PA
- Carol Jefferson of Schwenksville, PA
- Donna Palisca of Ardmore, PA
- Lauren Philbrook of State College, PA
- Krista Plummer of Maple Glenn, PA
- Molly Pritz of Williamsport, PA
- Emily Shertzer of Jonestown, PA
- Abigail Swift of Newark, DE

**Men:**

- Bobby Curtis of Villanova, PA
- Michael McKeeman of Ardmore, PA

**HEADED FOR HOUSTON: Mid-Atlantic Olympic Trials qualifiers Samantha Howard, left, of Downingtown Running Club and Donna Palisca of Greater Philadelphia Track Club hold their awards at the Philadelphia Marathon. Palisca finished fourth overall, and Howard was fifth.**

***“If you want to win something, run 100 meters. If you want to experience something, run a marathon.”***

**Emil Zatopek**  
Winner of four Olympic gold medals

YOUTH ATHLETICS

The top three finishers at the 2011 Mid-Atlantic Junior Olympics Cross-Country Championships:

2k Run Sub-Bantam Girls			2k Run Sub-Bantam Boys		
1 Julia Grove	Unattached	09:51.4	1 Nikolas Toocheck	Unattached	09:30.7
2 Alayna Lopapa	Unattached	09:52.5	2 Noah Shepherd	Juniata Valley	10:01.0
3 Alyssa Lynch	Juniata Valley	10:26.7	3 Daniel Tulloch	Unattached	10:23.5
3k Run Bantam Girls			3k Run Bantam Boys		
1 Katie Storti	Cinnaminson	12:20.3	1 David Bellefleur	Juventas	11:52.0
2 Olivia Oriente	Unattached	13:41.2	2 Stanley St.Fleur	Juventas	12:18.0
3 Taylor Thomas	Juventas	13:46.4	3 Luke Riley	Unattached	12:26.2
3k Run Midget Girls			3k Run Midget Boys		
1 Terri Turner	Unattached	11:36.0	1 Nolan Pernia	Unattached	12:42.0
2 Gabrielle Wilkinson	United Stars	12:47.0	2 Malik Rush	Running Rebels	14:20.7
3 Abigail Yearick	Juniata Valley	15:33.4	3 Seth Phillips	Juniata Valley	15:01.6
4k Run Youth Girls			4k Run Youth Boys		
1 Colleen Daday	Unattached	15:50.0	1 Dominic Hockenbury	Wyoming Valley	14:09.1
2 Haley Adams	Cinnaminson	16:04.8	2 Jeffrey Kirshenbaum	Unattached	14:54.7
3 Elizabeth Sauers	Unattached	17:26.1	3 Harrison Morris	Cinnaminson	15:04.0

## YOUTH ATHLETICS

# Indoor Champs Set for March 11

The 2012 Mid-Atlantic Association Youth Indoor Track & Field Championships will be held on Sunday, March 11, at Widener University.

The meet is for athletes born in 1994 or later, with divisions for Sub-Bantam (born 2004 or later), Bantam (2002-03), Midget (2000-01), Youth (1998-99), Intermediate (1996-97) and Young Men/Young Women (1994-95).

Registration and payments must be done on-line by 11:59 p.m. on Thursday, March 8. Entry fees are \$5 per event and \$20 per relay team, and no refunds are given. Each athlete in the Sub-Bantam, Bantam and Midget groups may enter a maximum of three events, including the relay, and each athlete in the Youth, Intermediate and Young groups may enter up to four events, including the relay. The website for registration is [coachoregistration.com/meet/entry/pa\\_midatlantic](http://coachoregistration.com/meet/entry/pa_midatlantic).

The meet will be in the Schwartz Athletic Center, 1 University Place, Widener University, Chester, PA 19013. Packet pickup will be from 8 a.m. to 9:45 a.m.

Two volunteers are requested for every 10 athletes entered. The names and contact information for volunteers should be

## Order of Events

Track events start at 10 a.m.:

55-meter hurdles\*  
1500 meters  
55-meter dash trials  
800 meters  
200 meters  
400 meters  
55-meter dash finals  
4x200-meter relay

Field events start at 9:30 a.m.:

Long jump  
Shot put  
High jump\*  
Pole vault\*  
Triple Jump\*

### \*NOTES:

- ▶ Pole vault is only for Youth, Intermediate and Young age groups.
- ▶ Triple jump is only for Intermediate and Young groups.
- ▶ No Sub-Bantam group for 55m hurdles and high jump.
- ▶ Schedule subject to change.

submitted by March 9.

Medals will be given for first to third place in each event and age group, and ribbons for fourth to sixth place.

For more information, including directions, go to [www.mausatf.org](http://www.mausatf.org). Nelson Berrios, Youth Athletics Committee chair, may be contacted at [nberriosr@comcast.net](mailto:nberriosr@comcast.net) or 484-955-0323.

***"I tell our runners to divide the race into thirds. Run the first part with your head, the middle part with your personality, and the last part with your heart."***

**Mike Fanelli**  
Club coach

## 2013 National Youth Sites

Looking ahead to 2013, here are the sites for national championships:

- ▶ The Junior Olympic Outdoor Track & Field Championships will be held in Greensboro, N.C.
- ▶ The USA Youth Outdoor Track & Field Championships will be in St. Louis.
- ▶ The USATF Youth Cross-Country Championships will be in San Antonio, Texas.

## Philadelphia Girl Runs at XC Nationals



**Terri Turner**, a Mid-Atlantic member from Philadelphia, finished eighth out of 251 athletes in the Midget Group at the 2011 USATF National Junior Olympic Cross Country Championships in Myrtle Beach, S.C., on Dec. 10. She ran the 3k event in 10:52.75.

Photo courtesy of Action Images

**2011 Mid-Atlantic Junior Olympic Cross Country Championship results are on Page 7.**

## YOUTH ATHLETICS

## 2012 MID-ATLANTIC YOUTH CALENDAR

Date	Event	Location
Feb. 26	USATF Northeast Zone Youth Indoor Track & Field Championships	Toms River, NJ
March 10-11	USATF National Youth Indoor Track & Field Championships Website: <a href="http://www.usatf.org/events/2012/USATFYouthIndoorTFChampionships/">www.usatf.org/events/2012/USATFYouthIndoorTFChampionships/</a>	Illinois State University Normal, IL
March 11	USATF Mid-Atlantic Association Youth Indoor Track & Field Championships	Widener University Chester, PA
April 14	Philly's Finest, co-hosted with the Philadelphia Department of Recreation	Philadelphia
June 2-3	USATF Mid-Atlantic Association Junior Olympic Preliminary Qualifiers	June 2: Glasgow High School, Delaware June 3: Ben L. Johnson Stadium, Philadelphia
June 16	USATF Mid-Atlantic Association Junior Olympic Championships	West Chester University West Chester, PA
June 15-17	USA Junior Outdoor Track & Field Championships	Bloomington, IN
June 26- July 1	USA Youth Outdoor Track & Field Championships	Arlington, TX
July 5-8	USATF Region 2 Youth Track & Field Championships	University of Delaware Newark, DE
July 23-29	USATF National Junior Olympic Outdoor Track & Field Championships	Baltimore, MD
Dec. 8	USATF National Junior Olympic Cross Country Championships	Albuquerque, NM

***“The trick of shadowing an opponent within sight and hearing is one of the more maddening and distracting forms of tactics that one can use in any race.”***

**Jack Lovelock**  
1936 Olympic  
1500-meter gold  
medalist

## Reminders from the Youth Committee

► The Sub-Bantam age group now goes to the national championships, starting in 2011. Athletes must be 7 years of age on the first day of the national championship to compete at the youth athletics or Junior Olympic national championships, under Rule 300 1(c).

► Registration and advancement for all youth events will be in advance and online, with a firm cutoff date to enter.

► You must fax or mail each athlete's birth certificate to the USATF Member-

ship Chair by the deadline on meet flyers, but it is no longer necessary to take hard copies of birth certificates to meets. In order to register online for Junior Olympic meets, the date of birth verification must be completed on each youth's current USATF membership. These changes, which began in 2010, eliminate the need for paperwork and advancements to take place in the field.

► Tune into [www.usatf.org](http://www.usatf.org) (youth resources) and [www.mausatf.org](http://www.mausatf.org) for more information.

## 2011 USATF ANNUAL MEETING

# REPORT FROM ST. LOUIS

## Mid-Atlantic Delegates Share What They Learned

Fourteen delegates from the Mid-Atlantic Association attended the USATF Annual Meeting in St. Louis from Nov. 30-Dec. 4.

The meeting brings together more than 1,000 officials, coaches, administrators, athletes and supporters to discuss policy changes, select team staffs and national championship sites, and exchange information about how to support the sport.

The Mid-Atlantic delegates are required to file a report on committee meetings they attended in order to receive partial compensation for the travel and lodging expenses.

The full reports are available at [www.mausatf.org](http://www.mausatf.org). The next eight pages contain a summary of some highlights in the reports.

## Bigger Role for Athletes Required

The Law and Legislation Committee entertained a number of proposed amendments to the bylaws and regulations of USATF.

Perhaps the most significant and debated proposal would have required that athletes make up 25 percent of every national and association committee, up from the present 20 percent.

The proponents apparently wanted greater athlete participation at the USATF's highest levels. But others viewed the amendment as excessively broad because associations already have difficulty meeting the current requirement.

Ultimately, a substitute amendment was adopted that would apply the higher requirement only to certain national committees, including Men's and Women's Track and Field, Long Distance Running, Racewalking, the Executive Committees of L&L Rules, Diversity and Leadership and High-Performance.

### Election Notice

Another amendment will require notice of elections as follows: "Notice must be sent by e-mail to the Association's current membership list provided by the National Office. The association must also

### LAW AND LEGISLATION

#### *Mike Hemsley*

comply with state law requirements for not-for-profit corporations; and, notice must be sent by mail to any member making a written request for notice by mail within one year of an election. This notice process is optional in lieu of the existing requirements in 2012 and mandatory in 2013."



**Green Gets Otto Essig Award**  
Norman Green of Mid-Atlantic, shown with his wife, Dolores, was given the Otto Essig Award for Meritorious Service to Masters Long Distance Running – 21 years after the last time he received the award.

## 2011 USATF ANNUAL MEETING

# Certification Process Revamped

The national officials committee of USATF unveiled a new series of certification levels.

The changes will become effective for newly certified officials beginning Jan. 1, 2012, and will apply to recertifications beginning Nov. 1, 2012.

The first certification level will be that of Apprentice, followed by Association, National and Master levels.

The apprentice level will be for those newly certified and the skills (events) will be replaced with Track Events, Field Events, LDR/Off-Track events, Race Walking, and Athletics for the Disabled.

The remaining levels expand on the events reflecting on the greater levels of specialization typically experienced.

The specializations that do not reflect on the overall certification level of an official -- Referee, Technical Manager, Combined Events Coordinator, Electronic Recorder (Secretary), Electronic Measurer and Electronic Measurement Judge -- will be offered under a grade system starting in the next Olympiad.

No certifications will be lost but will have new designations such as Referee Grade 1, 2, and 3. Grade 1 is equivalent to the National level referee, Grade 2 is equal to the Master level Referee (Association), and Grade 3 is equal to the Master level Referee (National).

This is a brief overview of the proposed changes. More detail will be provided on the national website at [www.usatf.org/groups/officials/certification/](http://www.usatf.org/groups/officials/certification/) in the near future.

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## OFFICIALS

**Ken Yerger**

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### Membership Requirement

As part of the changes planned for the 2013-2016 Olympiad, the national USATF Official Committee announced

that a new policy will be in effect for the next Olympiad.

Any official who has not recertified and acquired a current membership number by March 31, 2013, will be listed as "suspended" until recertifying. The same will occur after March 31 on the following years if membership is

not renewed. Membership gives officials additional insurance which we don't have at many non-USATF meets.

### Officials Exchange Program

The USATF Officials Training Subcommittee decided to resume the exchange program through the Outreach Subcommittee co-chaired by Kenneth Yerger and A. Monique White of the Mid-Atlantic Association.

The exchange program had for five years sent two officials to Great Britain and the British sent two to the United States to work a significant meet.

Yerger and White will now make a proposal for an exchange with Canadian officials. Once the program is in place, applications will be made available on the National USATF website in the "Resources for Officials" section and in the newsletter published by the national officials committee.



**A sample of the new card for officials. Other colors include blue for Association level, red for National and black for Master.**

## 2011 USATF ANNUAL MEETING

# Compromise Is Reached on 'Citizenship Rule'

The annual meeting voted to adopt a rule change for long distance running and race walking after the IAAF's decision to require a waiting period of two years for an athlete to compete internationally after changing citizenship.

The IAAF change led to a passionate discussion at the annual meeting last year. The change meant that new U.S. citizens were also ineligible to compete in national championships for two years, because USATF requires that entrants must be eligible to represent the U.S. in international competition.

The rule change adopted in St. Louis allows any U.S. citizen to compete in a national championship in long distance running and race walking provided that it is not the sole selection race for international competition, such as the upcoming Marathon Olympic Trials. The change does not apply to track and field championships.

## Athlete Development Program

The ADP program helps emerging elite American athletes to experience compe-

## Women's World Record Issue Debated

The Rules Committee initiated a lengthy discussion on the new IAAF rule stating that women's world records must come from women-only races to eliminate the chance a man could pace a woman all the way to the finish and a new record.

The general feeling was that the rule may be overturned or that records would be allowed in races with women only and with both men and women. No current records will be stricken from the books.

The group also discussed the difference between road races which have both

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## LONG DISTANCE RUNNING

### *Doreen McCoubrie and Ed Maher*

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tion at the national level.

The ADP provides an athlete with a \$150 travel stipend, shared room for two nights, ground transportation, meals, and waived entry fees into some races. There are five races in the circuit.

Athletes 29 and under interested in the ADP program and the matching travel stipend provided by USATF Mid-Atlantic should contact Robin Jefferis of the LDR Committee.

## The 30/50 Issue

A USATF rule change will allow records to be recognized in road races where the distance between the start and finish lines is up to 50 percent of the race distance, instead of the current 30 percent. This makes the USATF rule consistent with the rest of the world and eliminates the possibility that a U.S. runner could set a world record but would not qualify for an American record.

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## WOMEN'S LONG DISTANCE RUNNING

### *Doreen McCoubrie*

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men and women and track and field which has women only and how to apply this rule based on that difference.

USATF board member Robert Hersh, who is also an IAAF vice president, said USATF has always maintained separate records for women-only races so this did not impact USATF, and that he hopes the IAAF will also move to this method.

## 2011 USATF ANNUAL MEETING

## Leadership Change at Hall of Fame

Late Friday morning I met with the Masters Hall of Fame subcommittee to explore next steps in light of the fact that I would announce on Saturday my resignation as MHOFF manager. While we had a good discussion, there was no clear path for succession since two committee members had declined a request to become chair.

On Saturday the joint meeting of Masters Long Distance Running and Masters Track & Field heard my resignation speech and engaged in more discussion. It appears that LDR and T&F will use independent criteria – T&F emphasizes records and championships while LDR emphasis is on age graded performances.

## More Races Qualify for Olympics, World Champs

USATF has eliminated the specific list of marathon courses allowed as qualifiers for the World Championship and Olympic Marathons.

Any marathon course that meets record compliance is now allowed as a qualifying marathon.

Also, U.S. finishers among the top 15 male and female overall finishers in the World Cross Country Championships Senior Race in 2013 will be qualifiers for the track 10,000 meters in the US Olympic Trials.

## USATF Preparing Handbook on XC Championships

A USATF Cross Country Survey Task Force questionnaire was distributed to all delegates at the Cross Country Council meeting. The intent is to discover what each association offers in cross country in preparation for a handbook about association cross country championships.

### Team Grand Prix

Bill Quinlisk, masters LDR representative, said the first year of the Masters

### MASTERS LONG DISTANCE RUNNING

#### *Norman Green*

Mary Trotto of Long Island and Hawaii is currently T&F awards chair and will have the T&F side of MHOFF added to her responsibilities. Marian Lein has volunteered to help in the LDR task, with the expectation that I might continue to offer some support.

### 8k Championship

The Masters LDR Executive Committee reported that the 8k championship would be held in Williamsburg, VA, for another five years after a very successful first-year event in 2011.

### MEN'S LONG DISTANCE RUNNING

#### *Ed Maher*

### Age for Masters

Although IAAF recognizes Masters beginning at age 35, USATF will remain with defining Masters beginning at age 40. Race organizers anticipating international competitors in their event and awarding Masters prizes are encouraged to cite that category as "40+" or "Masters 40+" to preclude any confusion.

### CROSS COUNTRY COUNCIL

#### *Dolores Green*

LDR Championship Team Grand Prix was a success.

The 2012 USA Cross Country will be in St. Louis on Feb. 11. The 2012 Club Cross Country Championships will be in Lexington, KY, Dec. 8.

## 2011 USATF ANNUAL MEETING

# A Strong Year for the Men

Men's track and field had an exciting year. Many coaches were excited about the performance of the USA men's team at the World Championships in Korea, from Dwight Phillips' exciting long jump win for his fourth World Championship title to Jesse Williams extraordinary leap in the high jump to take the gold.

Men's track saw new faces with exciting wins like Jason Richardson in the 110-meter high hurdles or that comeback win from LeShawn Merritt on the fourth leg of the 4x400 relay.

## Sports Medicine

The coaches praised the medical and science team that helps to enhance the athletes' chances of performing well, and are excited about the future of bio medicine for USA track and field.

The coaches and coordinator agreed that because of the cutting edge in the field of science they were able to prepare athletes that they considered on the bubble for the IAAF World Championship.

The entire committee believes that they received a valuable return for the re-

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## MEN'S TRACK & FIELD

### *Cynthia Young*

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sources put into the field of science.

## Olympic Training Camp

It was announced that the USA Track & Field 2012 Olympic team training camp will operate from July 17-26 in Birmingham, England.

The athletes will have the opportunity to stay in the Hyatt Hotel and can compete in other European meets during the camp (note they must pay for travel).

The U.S. Olympic Committee has secure training facilities at Alexander Stadium with outdoor and indoor training areas. The athletes will also have access to Birmingham High Performance Center.

## Diamond League

Good news for the winners of the IAAF Diamond League. Winners beginning in 2013 will have the opportunity for a wildcard and may gain entry into the World Championship or the Olympic Games.

# USATF, AAU Divide Up Dates for Youth Meets

Lionel Leach, chair of the Youth Athletics Executive Committee, stated that AAU and USATF are working together, so there would not be any conflict in scheduling youth meets. They gave us a matrix with the dates of both AAU and USATF.

## Background Checks

In the Mid-Atlantic Association, 73 people have received background checks. At the meeting a motion was made that all Youth Athletics Committee members must have a background check, and it was passed; this will start Jan. 1, 2012. The members must go to [usatf.com](http://usatf.com) to

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## YOUTH ATHLETICS

### *Nelson Berrios*

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get the background check each year. The cost is \$8.

## Anti-Doping Information

Information on whether a drug is prohibited in a particular sport may be obtained at [www.globaldro.com](http://www.globaldro.com). If you feel that someone is using enhancing drugs, you can provide the information to a tip line by calling 877-752-9253.

2011 USATF ANNUAL MEETING



Photos by Cynthia Young

**HOBNOBBING WITH THE HONOREES:** Hall of Fame inductee **Maurice Greene** poses with Mid-Atlantic Association President **A. Monique White** at the **Jesse Owens banquet**. Below, the **Jesse Owens Female Athlete of the Year**, **Carmelita Jeter**, poses with **Nelson Berrios**, Mid-Atlantic's new chair of youth athletics.

# JESSE OWENS HALL OF FAME BANQUET



Standout performers from the past and present were honored at the Jesse Owens Hall of Fame Banquet.

This year, **Jesse Williams** and **Carmelita Jeter** were named the Jesse Owens Male and Female Athletes of the Year.

Six individuals were inducted into the National Track & Field Hall of Fame – modern athletes **Gail Devers**, **Maurice Greene** and **Craig Virgin**, veteran ath-

letes **Vince Matthews** and **Clarence Demar** and coaching legend **Bob Timmons**.

Other honorees included:

**Bryan Clay**, Visa humanitarian of the year.

**Rana Reider**, coach of the year.

**Ajeé Wilson**, youth athlete of the year.

**Christine Kennedy**, masters athlete of the year.

## 2011 USATF ANNUAL MEETING

# Sanction Fees To Be Reviewed

The National Office established a task force to study sanction fees across the associations. Apparently the goal is to develop guidelines or parameters for the fees, without mandating uniformity.

It appears that static fees will be left alone for now, but tiered fees might be limited to 50% of the national fee. The matter remains under study, and the National Office will issue a memo soon.

Also under review is the practice of discounting sanction fees to member clubs. A similar approach of setting parameters around the maximum discount that may be offered will likely be issued, perhaps capping any discount at \$50.

## Grievance Procedure

Discussion was held around apparently isolated instances of associations failing to timely move grievances forward to

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## ASSOCIATIONS

**Mike Hemsley**

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conclusion. The Law and Legislation Committee defeated a recommendation for the appointment of a grievance coordinator at the National Office. But associations likely will be required to maintain a list of potential grievance panelists to ensure that grievances are processed in a timely manner.

## Trademark Enforcement

Participants were reminded of the distribution of the USATF Trademark License Agreement and a requirement for each association to identify its Communications and Marketing Coordinator whose job, in part, is to communicate and enforce USATF Logo and Brand standards.

# Social Media Give MUT a Boost

Twitter, Facebook, Google+ and other websites provided the mountain team a great number of followers in 2011. A new page setup for the Ultra running program allows administrators to access and “cross-post” race information, which expands outreach and encourages new fans to the sport.

Council members encouraged associations to use this platform for MUT events to reach the public during “peak windows” of opportunity like selection races and championships. The Word Press website is [www.usultrarunning.com](http://www.usultrarunning.com).

## Outreach Video for Youth

A USATF Foundation grant will be used to produce and distribute an outreach video for the Junior Mountain Running Team that will be displayed at [www.usmrt.com](http://www.usmrt.com) and YouTube and sent to high school and collegiate coaches.

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## MOUNTAIN/ULTRA/TRAIL COUNCIL

**Carolyn Griggs**

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## Insurance

Nancy Hobbs, the council chair, reported that extreme events – such as those with man-made obstacles like fire pits, swinging bridges, etc. – will not be insured through USATF.

## New Mountain Runner Award

A new award, the Lyndon Ellefson Memorial Mountain Runner of the Year, will be given to the men’s mountain runner of the year beginning in 2012.

Lyndon Ellefson, who passed away in 1998, was instrumental in starting the U.S. men’s mountain team and challenged Nancy Hobbs in 1995 to begin a women’s team.

## 2011 USATF ANNUAL MEETING

# A Primer on Liability Insurance

Participants received a good PowerPoint presentation from Esix Risk Management Consultants providing information on liability insurance coverages (primary and excess) available to associations in good standing and various classes of individuals engaged in USATF-sanctioned activities.

Among the points of emphasis is that such liability insurance coverages are applicable only for USATF-sanctioned events. It is suggested that the Mid-Atlantic Executive Committee receive a briefing on those coverages with perhaps a summary made more easily available to the membership.

Some of the common exclusions from such coverages were highlighted, particularly with respect to lease property and equipment. Items frequently excluded from coverage include automobiles, leased equipment, events that are

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## RISK MANAGEMENT WORKSHOP

**Mike Hemsley**

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not sanctioned, contractual liability, etc. In all instances it is important to understand the details of coverage in planning events.

The presentation also addressed ancillary programs of coverage which can be purchased, including first-party medical coverage for participants, officials and volunteers.

Notable also was the availability of directors and officers coverage for clubs, at a cost of approximately \$575 per year for \$1 million in coverage. The prevalence of certain types of claims against clubs and club officials that could give rise to liability has enhanced the attractiveness of this coverage.

# USATF To Offer Web Content Software

Participants received a presentation on the National Associations web content management product being launched this month.

This system will help ensure that all associations meet, on an ongoing basis, USATF website guidelines and accreditation requirements. Use of this product will also ensure links to the latest national forms.

One goal of the initiative was to assist associations in building their business model. The system has built-in security and has delegable content input rights, hosting and bandwidth of up to 10 GB/month, space for local advertising, online event registration, etc. The capacity to post corporation event results and national rankings are future contemplated features.

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## COMMUNICATIONS WORKSHOP

**Mike Hemsley**

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The price will be \$150 per month for the first 12 months and \$50 per month thereafter. Launch and other technical support are included. Additional features and arguments in favor of this product will be communicated in an e-mail to each association.

### Next Year: Daytona Beach

Future annual meetings will be held in Daytona Beach in 2012, Indianapolis in 2013, Anaheim in 2014, Houston in 2015, Orlando in 2016 and tentatively in Indianapolis in 2017.

*Long forgotten today by most people, the young man raised in Philadelphia was a track superstar in his era, over a century ago. He stood out wherever he ran – a black face in an almost totally white sport, running into the record books in high school, collegiate and open championships, and then into the history books at the Olympic Games in London in 1908.*



THE LIFE OF **JOHN BAXTER TAYLOR** 1882-1908

# PIONEER CHAMPION GENTLEMAN

By **DAVID S. JOHNSON**, Director of the Penn Relays

Second of three parts

John Baxter Taylor solidified his hold as the outstanding quarter-miler in the world for 1907 by winning the Amateur Athletic Union (AAU) 440-yard championship (51.0) in Norfolk on September 7. As was the national intercollegiate meet in June, the AAU national championship was held in conjunction with the Jamestown Exposition, the tercentenary of the founding of Jamestown Colony.

It was at the AAU championship that Taylor's reputation as a gentleman was

given its greatest boost. The following account is from a December 3, 1908, story in the Philadelphia Inquirer:

*"While running the race Taylor was deliberately fouled by one of the contestants, but he refused to fight back and after winning the race was so loudly applauded that hundreds of Southern gentlemen rushed up and shook him by the hand, an almost unheard-of thing for a white man in the South."*

Taylor ran in the AAU championship for a

*(Continued on page 19)*

Photographs are courtesy of Penn Relays

### JOHN BAXTER TAYLOR: GENTLEMAN

*His sportsmanlike conduct on the track won him the admiration — and even the “almost unheard-of” handshakes — of white Southerners.*

*(Continued from page 18)*

New York City team, the Irish-American Athletic Club (I-AAC), which had recruited him as it had recruited many stars of the time. His selection made the news, with the Washington Post reporting that Taylor was one of the club's most popular athletes. Although Irish-American at its inception, the I-AAC opened its membership to anyone who could help top-ple the dominant and restricted New York Athletic Club (NYAC) for national track and field superiority.

Under coaches Ernie Hjertberg, Bernie Wefers, and Lawson Robertson, the I-AAC quickly became a powerhouse and home to a broad variety of hyphenated Americans. In this club Taylor found a home-away-from-home, and photographs taken in 1907 and 1908 show Taylor tucked amidst the rest of the team, not relegated to the fringes.

Having dominated the best quarter-milers in North America in 1907, Taylor prepared to meet the world in 1908 at the Games of the IV Olympiad in London, England. During his senior year, however, Taylor was bothered by a hernia and his doctors advised him to be extremely careful.

The Penn Relays (April 25) was his first meet of 1908. Taylor ran the third leg with Nathaniel (Nate) Cartmell anchoring. The pair drove Penn to the colle-



**Running for the University of Pennsylvania, Taylor wins the IC4A (Intercollegiate Association of Amateur Athletes of America) quarter-mile championship in 1908 for the third time. His time was slowed to 52 1/5 by the rain-drenched conditions — he had set meet records of 49 1/5 as a freshman and 48 4/5 as a junior. The IC4A was the most important intercollegiate meet of the late 19th and early 20th centuries.**

giate one-mile relay championship with a team run of 3:23 4/5. In the IC4A championships on Memorial Day, May 30, Taylor won his third quarter-mile crown, becoming only the third runner to win three such titles at that point. Taylor's

*(Continued on page 20)*

### JOHN BAXTER TAYLOR: PIONEER

*He dominated the quarter-mile in North America and became the first African-American to represent the U.S. in international competition.*

*(Continued from page 19)*

winning time was slow, only 52 1/5, but it was run during a downpour which marred most of the day's events. Third in the race was Cornell University's John Carpenter. One week later, on June 6 at the Eastern Olympic Trials, Taylor won the 400 meters in 49 4/5, running his standard come-from-behind race. Forced to run wide on the turn, Taylor caught the leader with only 20 yards to go.

After winning in the trials, Taylor was selected to run for the United States in the Olympic Games. The 1908 Games was only the second international event ever for which a team had been chosen to represent the United States rather than a club or college.

Taylor thus became the first African-American to represent his country in an international competition and to wear the American shield on his chest. Interestingly, one other American of color participated that year, Frank L. Holmes. Holmes, who ran for the University of Chicago, competed in the standing high and broad jumps, but did not medal.

The Olympics were held at the new White City Stadium near the Shepherd's Bush district of London. The English climate bothered Taylor constantly, and he was never able to reach his best condition, according to various reports. It was a condition with which he had coped in

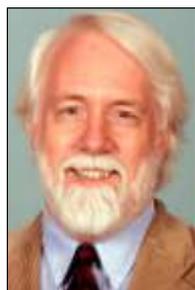
the past, but which always left him weakened.

Taylor was one of four men who reached the finals of the 400 meters on July 23. Joining him were fellow Americans John Carpenter (third in the IC4A) and William Robbins (third in the Eastern Olympic Trials) and the British champion, Lieutenant Wyndham Halswelle.

Halswelle entered the final as the favorite, in part because Taylor was not at his level of a year earlier. Carpenter passed Robbins as the runners came out of the long turn, with Halswelle close behind. As Halswelle crept alongside, Carpenter bore to the outside of the track, obstructing Halswelle, who was attempting to pass. Officials, having been alerted to the possibility of fouls, broke the finish tape in advance of the runners, and waved off the contestants, immediately declaring it "no race" and disqualifying Carpenter.

Taylor had trailed the other three throughout, and was pulled from the track when the officials nullified the race. Friends thought Taylor was employing his normal tactics and might have won, but that seems unlikely from other reports of his health. Taylor himself, ever modest, said after the race that he was fairly beaten and was unlikely to have won the race.

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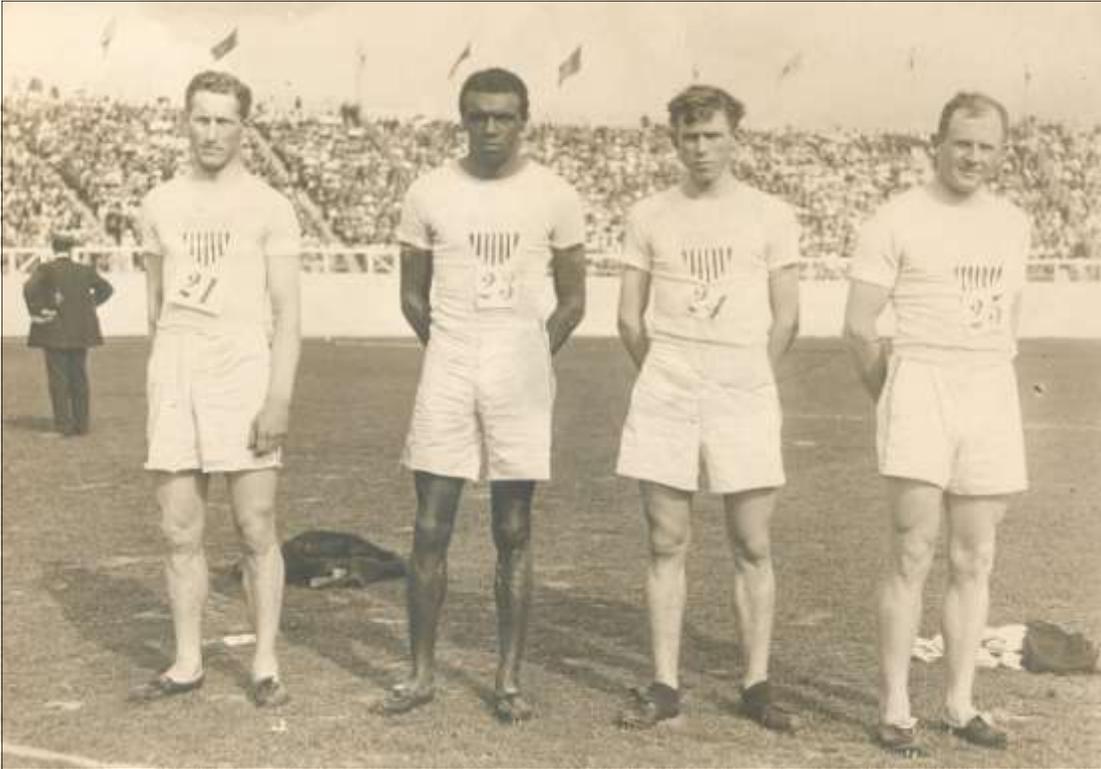


#### ABOUT THE AUTHOR

David S. Johnson has been the Frank Dolson Director of Penn Relays for 16 years. He is also the Steering Committee Chair of the National Track and Field Hall of Fame and for 30 years has been one of the compilers of the authoritative *Track & Field News* annual track and field world rankings. He has written and spoken on a number of occasions about John Baxter Taylor. This article is a slightly revised version of an article that originally appeared (2010) in "Roots," a newsletter of the National Archives.

### JOHN BAXTER TAYLOR: CHAMPION

*Decades before Jesse Owens, Taylor made his mark in 1908 in London at the first relay race ever contested at the Olympic Games.*



**The U.S. sprint medley team poses after winning the gold medal at the 1908 Olympic Games at White City Stadium in London. From left are Nate Cartmell (200 meters), Taylor (400 meters), Mel Sheppard (800 meters) and Billy Hamilton (200 meters).**

*(Continued from page 20)*

Either in a show of support for the American team or on orders from track team coach Murphy and U.S. delegation leader James Sullivan (the president of the AAU), Taylor and Robbins (who finished third) refused to participate in the re-run the next day. Halswelle won in a walk-over as the only contestant in the race.

On July 25, the day of the 400-meter re-run, Taylor ran the final of the first relay race contested in the Olympics, a sprint medley. It is significant that even though it was Carpenter who led the Americans at the finish of the disputed 400-meter race, Taylor was the athlete selected to run the 400-meter third leg on the relay.

He ran a time of 49  $\frac{4}{5}$ , adding five meters to the lead handed him after the

opening 200-meter legs. Those legs were run by William F. (Billy) Hamilton from the University of Louisville and Taylor's Penn teammate, Nate Cartmell, who had successfully defended his 1907 IC4A sprint championships in the 100 and 220 yard dashes. The 800-meter anchor leg was run by Melvin W. (Mel) Sheppard. Sheppard was a fellow alumnus of Brown Preparatory and the only other Philadelphia member of the I-AAC.

The Americans were triumphant, winning the race in the time of three minutes, 29 seconds even. With that victory, Taylor became the first African-American to win a gold medal at the Olympic Games.

**Coming in our next issue:  
Part III: After triumph comes tragedy.**

# Schedule Set for Developmental Meet Series

The Philadelphia Masters Track & Field Association is opening its schedule of 2011-12 indoor developmental meets with a series of three 15-and-older meets at Glen Mills School in Glen Mills, PA.

The first meet was held on Dec. 11, and the next two are scheduled for Jan. 15 and 29.

Philadelphia Masters also plans an

all-ages meet on Feb. 12 at Albright College in Reading, PA.

The association will conduct another 15-and-older meet on Feb. 26 at Widener University.

More information on the development meet series is available at [www.mausatf.org](http://www.mausatf.org). The information includes entry fees, the events list, the meet schedule, directions to the

venues, and details about the conduct of events.

The contacts for the meet are:

James E. Aylsworth, [aylspmtfa@aol.com](mailto:aylspmtfa@aol.com), 717-806-5357.

Patrick Good, [patrick.r.good@boeing.com](mailto:patrick.r.good@boeing.com), 610-256-7623.

Lou Coppens, [loucoppens@verizon.net](mailto:loucoppens@verizon.net), 215-675-4767.

## New Sports Committee Chairs

*(Continued from page 1)*

team that still holds the record time of 3:16. He retired from the Army National Guard as a captain after 20 years. He also retired from the Reading Police Department after 26 years on the force and is now an adult probation officer for Berks County.

The committee also selected Cynthia Young as vice chair and Darren White as secretary.

Celeste Battle is leaving the committee after six years, the last three as chair. "It has been such a pleasure working with the Youth Committee members. I couldn't have made it without your help and support," she said. "It has been most rewarding to interact with the children who give it their all in mind and body to become better athletes and human beings."

## National Championship Officials

These Mid-Atlantic officials have been selected to work U.S. national championships:

**Thomas Martino** – Electronic measurement, Olympic Trials, alternate.

**Paul Poiesz** – Starter, Junior Nationals.

**Steve Reckefus** – Electronic measurement, Junior Nationals.

**Roger Roll** – Hammer, Junior Nationals.

**A. Monique White** – Long jump/triple jump, Olympic Trials.

**Kenneth Yerger** – Javelin, Olympic Trials, alternate.

## About the Mid-Atlantic Association

Mid-Atlantic is the local association for USA Track & Field (USATF), which is the national governing body for track and field, long-distance running and race walking in the United States. USATF Mid-Atlantic serves the state of Pennsylvania east of and including Potter, Clinton, Centre, Huntingdon and Bedford counties; the state of Delaware; and our membership in New Jersey.

### Mid-Atlantic Association Executive Board

**A. Monique White** – President

**Mike Hemsley** – Vice president, Law/legislation

**Mary Braverman** – Financial secretary

**Ken Yerger** – Secretary, Officials

**Norman Green** – Treasurer

**Ed Callahan** – Past president

**Bob Delambily** – Budget/finance

**Doreen McCoubrie** – Membership

**Nelson Berrios** – Youth

**Rogers Glispy** – High performance

**David Thomas** – Long distance running

**Paul Spencer** – Communications

Address: **USATF Mid-Atlantic, P.O. Box 662, Southeastern, PA 19399-0662**

Website: **[www.mausatf.org](http://www.mausatf.org)**



### Individual Membership Application—2012

For Department use: USATF # \_\_\_\_\_

Application:  New  Renewal Age: \_\_\_\_\_ Gender:  Male  Female

Name: \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip+4: \_\_\_\_\_

Home: (\_\_\_\_) \_\_\_\_\_ Work: (\_\_\_\_) \_\_\_\_\_ FAX: (\_\_\_\_) \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

USATF Club Name: \_\_\_\_\_ Club Number: \_\_\_\_\_

Citizen of What Country: \_\_\_\_\_

#### Membership Category: (Pick one)

- Youth Athlete (AY - Under 19)
- Open Athlete (AO - 19 - 39)
- Masters Athlete (AV - 40 & Older)
- Coach (C0 C1 C2)
- Official (OA ON OM)
- Administrator (AD)

#### Sport(s) in which you compete: (Pick any that apply)

- Track (T)
- Field (F)
- Race Walking (W)
- Cross Country (X)
- Long Distance Running (R)
- Ultra-Running (U)

#### Membership Fee: (Pick one)

- Adult (age 19 or older) One Year Membership. Fee is \$30.00. Two Years: \$55.00
- Adult (age 19 or older) Three Year Membership. Fee is \$80.00. Four Years: \$100.00
- Youth (age 18 or younger) One Year Membership. Fee is \$20.00. Two Years: \$40.00
- Youth (age 18 or younger) Three Year Membership. Fee is \$60.00. Four Years: \$80.00

Birth Certificate Required in Youth Athletics.

- Birth Certificate Attached.
- Birth Certificate Already on File From 2011

#### Additional Tax Deductible Contribution: (Thank You)

- I have included an additional \$ \_\_\_\_\_ Tax Deductible Contribution.

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

*(If under 18 must be signed by parent or guardian)*

*Make Checks payable to: USATF Mid-Atlantic*

*Mail Completed Applications to:*

**Mid-Atlantic Assn  
PO Box 662  
Southeastern, PA 19399**

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USATF Mid-Atlantic Association  
P.O. Box 662  
Southeastern, PA 19399-0662