

**PHILADELPHIA MASTERS TRACK & FIELD
ASSOCIATION
2011-2012 INDOOR MEET SCHEDULE #3**



February 26, 2012

**15-and-OLDER DEVELOPMENTAL MEET
AT WIDENER UNIVERSITY**

MEET IS SANCTIONED by USATF

FULLY AUTOMATIC TIMING at WIDENER UNIVERSITY

***NO FOOD OR BEVERAGE (OTHER THAN WATER) IS ALLOWED IN THE
COMPETITION AREA AT THIS MEET***

More specific meet info appears on the following pages.

Note Re: Age-restrictions

Philly Masters restricts participation at this meet to ages 15-and-older. Youth athletes are encouraged to join either Mid Atlantic USATF or United Aged Group clubs that compete in the Philadelphia area

Note Re: MAUSATF OPEN/MASTERS INDOOR CHAMPIONSHIP MEET

It is tentatively scheduled for Sunday, March 25, 2012 at University of Delaware.

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Directions to Widener University:

FROM I-276 (PA TPK) – take I-476 South to Exit 1 (McDade Boulevard). Go WEST on McDade Blvd. 0.4mi to Melrose Avenue

FROM I-95 – take I-476 North to Exit 1 (McDade Boulevard). Go WEST on McDade Blvd 0.6mi to Melrose Avenue

BOTH – turn left onto Melrose Avenue. Go 0.3mi to 17th St. Turn left onto 17th St, **through arch/gate**, sweep right around athletic center to Parking and track access behind athletic center

PHILADELPHIA MASTERS 15-AND-OLDER DEVELOPMENTAL MEETS

at

WIDENER UNIVERSITY, Chester, PA

February 26, 2012

IMPORTANT – DUE TO REQUIREMENTS NEGOTIATED WITH WIDENER UNIVERSITY:

- **THE WIDENER MEET IS LIMITED TO ENTRANTS 15-AND-OLDER ONLY;**
- **THERE WILL BE NO ACCESS TO THE CAMPUS BEFORE 7:30AM. DO NOT COME EARLY!!!**
- **ATHLETES/SPECTATORS UNDER 18 MUST BE ACCOMPANIED BY A COACH OR PARENT.**

Registration: opens at **8:00 am** or sooner (no entry before 7:30 am)

Entry Fees:

- Philadelphia Masters Members \$5 for one event; \$10 for unlimited number of events
[Philadelphia Masters Membership – must be 18-or-older -- is \$20 and offers the reduced meet entry fees.]
- Non-members 19-and-older \$10 per event
- Widener: 15-18 year-olds \$5 per event (3 event maximum)
- Youth/H.S. Teams doing bulk registration \$5 per athlete for one event; \$10 for 2-3 (3 max.)

Events:

- **8:30 am: Throws** - Weight Throw, then Super Weight, followed by Shot Put. Throws competitors should bring their own implements in order to ensure the proper weight for their age/gender group. **A scale will be provided for implement weigh in.**
- **9:30 am: Remaining Field Events:** High Jump then Pole Vault, and Long Jump then Triple
- **9:30 am: Track events:** 55mH, 55m, 1-Mile Run, 400m, 1- Mile Race Walk, 800m, 200m, and 2-Mile Run.

Track: Unbanked 1/10-mile Mondo track; ¼-inch pyramid spikes permitted

Track Event Heats: determined by **seed time only** – not by age group or gender.

Field Events Procedures:

- LJ/TJ is “open pit”. The number of jumps will be four (4).
- WT, SWT, and SP will be four (4) throws. Throws competitors should bring their own implements in order to ensure the proper weight for their age/gender group. A scale will be provided for implement weigh in.
- HJ/PV will start with bar at its lowest required start setting, and then proceed upwards only.



Website: www.pmta.net