



USA Track & Field Coaching Education Level 1 School



Presented by Gill Athletics

Date: March 16-18, 2012

Location: Villanova University – Villanova PA

School Director: Andrew Alden 919-619-3426 & AACOACHING@AOL.COM

For more information log on to: [Coaches Education](#)

The Level I School will follow the [Day of Distance Coaching Clinic](#)

March 16^h also at Villanova University.

Schedule:

March 16, 2012 - Friday
5:30 – 10:00 PM

March 17, 2012 - Saturday
8:00 AM to 10:00 PM

March 18, 2012– Sunday
8:00 AM to 4:00 PM

Registration:

Register Online at www.usatf.org/groups/Coaches/education/schools/ by clicking the “school details” link.

Pre-registration fee is \$125 if received by March 2 2012; Late and on-site registration (space is limited) is \$150.

Level I Alumni may attend at a rate of \$65.00

Fee includes a Level 1 Curriculum. *You must be a member of USATF to register – for more information, go to www.usatf.org/membership/*

Refund policy: 1/2 of the registration fee (\$62.50) will be refunded after the early registration deadline

No refund will be given after the start date. *If you have any difficulties with the online registration contact the School Director.*

Lodging:

Hampton Inn Plymouth Meeting

2055 Chemical Road Plymouth Meeting, PA 19462

Phone 610-567-0900

Ask for the Special USATF Group Rate of \$99.00 + tax (Includes Continental Breakfast)

Instructors:

Andrew Alden

School Director & Endurance Instructor
Level I and 11 Certified Endurance Instructor
18 Years as Division I Cross Country & Track Coach
Coached 2001 NCAA Division I Champion Men's 800m

Kevin McGill

Throws Instructor
Co-author The Throws Manual
Co-founder of USATF Coaching Education
Named an IAAF “Official Lecturer” for Throwing Events
Over 40 years of coaching experience

Matt Lydum

Instructor Jumps
School Director Youth Level 2 Program
2007 & 2009 World Youth Championship Coach
Fred Wilt Coaching Education Award Winner
Defiance College Assistant Track Coach and Professor
Author *Coaching Youth Track & Field*

Loren Seagrave

Instructor Sprints & Hurdles
IMG Academies Director of Speed & Movement
Co Founder Speed Dynamics
Co Founder Velocity Sports Performance
USATF Master Coach for Sprint Events
IAAF Curriculum Coordinator for Certification in the Sprints