



# USA Track and Field Mid-Atlantic Association Delaware Area Junior Olympics Preliminary Qualifier Saturday, June 4, 2011

## Location & Directions

Glasgow High School  
1901 S. College Avenue  
Newark, DE 19702

<http://www.christina.k12.de.us/maps/Bldgs/Glasgow.htm>

## Time

Registration & packet pick up: 7:45am –8:45 am  
Events begin promptly at 9:00 am

## Volunteers Needed

We need your assistance to make this meet a success!  
Sign up to volunteer at packet pick-up or send contact information to meet contact. Larger teams are requested to provide 1 volunteer for every 10 athletes registered.

## Registration and Cost

Registration online only! NO DAY OF MEET  
REGISTRATION

[Coacho.com](http://Coacho.com) or [usatfregistration.com](http://usatfregistration.com)

On-line registration closes at 12 midnight 5/30/2011

Cost: 5.00/ event and 20.00/ relay team

Maximum 3 events sub-bantam to midget, 4 events youth and up.

**NO REFUNDS**

## Contact

Sharnette Handy-Hall, Wilimington Track Club and  
Youth Committee Member  
Email: shall36@verizon.net  
Phone: 302-750-0354

<http://www.mausatf.org/>

**Order of Events on page 2**

## Age Divisions 2011

Age Group	Birth Year
• Sub-bantam	2003+
• Bantam	2001-2002
• Midget	1999-2000
• Youth	1997-1998
• Intermediate	1995-1996
• Young Men/Women	1993-1994

\*Athletes born in 1992 are also eligible if they do not turn 19 on or before 7/31/2011

## USATF Membership

Team and Individual Athlete USATF membership with Date of Birth verified are required to compete in the Junior Olympic Series

## Awards and Advancement

For each event and age group:  
Junior Olympics ribbons for 1st-6th place

### ***This meet is a Junior Olympic Qualifier meet.***

Participation in Preliminary Qualifier is Mandatory to enter the Association Championships on June 25th at West Chester University, West Chester, PA. Marks achieved at this meet must be used for seed entry when entering the Association Championship.

**Advancement Process for 2011:** Registration and advancement to the 2011 Association, Region 2, and National Championship will be **ONLINE ONLY**. You must enter and pay for Association Championship by **Wed, Jun 15<sup>th</sup>, 2011 at 12 midnight ONLINE**. **Flyer with full details regarding online advancement/entry to the Association Championship will be outlined in meet packet and online at [mausatf.org](http://mausatf.org)**



# USA Track and Field Mid-Atlantic Association

## Delaware Area

### Junior Olympics Preliminary Qualifier

#### Saturday, June 4, 2011

#### Order of Events

#### Track Events

#### Age Groups

5000 M Run	Automatic Advancement	YM
3000 M Run	Final	MG MB YB IG IB YW
3200 M Relay (4x800)	Final	MG MB YG YB IG IB YW YM
200 M Hurdles	Final	YG YB
400 M Hurdles	Final	IG IB YW YM
200 M Dash	Final	All divisions
800 M Run	Final	All divisions
80 M Hurdles	Final	MG MB
100 M Hurdles	Final	YG YB IG YW
110 M Hurdles	Final	IB YM
100 M Dash	Final	All divisions
400 M Dash	Final	All divisions
1500 M Run	Final	All divisions
1500 M Racewalk	Automatic Advancement	BG BB MG MB
3000 M Racewalk	Automatic Advancement	YG YB IG IB YW YM
400 M Relay (4x100)	Final	All divisions
4x400 M Relay	Final	All divisions
2000 M Steeplechase	Automatic Advancement	IG IB YW YM

#### Field Events

#### Age Groups

Long Jump	Final	All divisions
High Jump	Final	BG BB MG MB YG YB IG IB YWYM
Triple Jump	Final	YG YB IG IB YW YM
Shot Put	Final	All Divisions (2kg shot SBG SBB New!)
Discus	Final	MG MB YG YB IB IG YW YM
Javelin	Automatic Advancement	YG YB IG IB YW YM
Turbo Javelin	Final	SBG SBB BG BB MG MB
Pole Vault	Automatic Advancement	YG YB IG IB YW YM
Hammer Throw	Automatic Advancement	IG IB YWYM
Multi-events (Triathlon, Pentathlon, Heptathlon, Decathlon)	Automatic Advancement	BG BB MG MB YG YB IG IB YWYM