

USATF East Region Masters Championship
Ursinus College
Collegeville, PA
March 10, 2007

All Times FAT

60m

M35	Charles Sawyer	7.60
M30	Scott Mitchell	9.65
M40	Louis Mericks	7.19
	Jeff Gold	7.36
	Francis Johns	8.00
	Bruce Mannon	8.06
	Leon Winder	8.09
M45	Lovell Butler	7.24
	Randy Frey	7.31
	John O'Brien	8.17
	Rick Schultz	8.26
M50	Oscar Peyton	7.56
	Gary Leigh	7.88
	James Brathwaite	8.74
M55	Robert Hahn	8.74
	Bernie Linner	8.80
	Frederick Monesmith	8.85
	John Borden	8.91
	Bruce Campelia	9.04
M60	Ron Johnson	8.08
	Fred Edelstein	9.13
M65	Roosevelt Weaver	9.00
	Jim Kenney	9.14
	Burr Daly	9.69
M70	Walter Palmer	10.72
W35	Kimiko Nakatake	8.69
W40	Renee Henderson	7.93
W45	Kathleen Shook	8.90
W65	Kathy Bergen	9.26

200m

M35	Charles Sawyer	24.89
M40	Louis Mericks	24.31
M45	Lovell Butler	24.46
	Darnell Smith	24.97
	Raymond Parker	25.70
	Daryl Johnson	25.81
M50	Oscar Peyton	24.55
	Gary Leigh	26.38
	Rick Easley	27.38
	Joe Rogan	29.01
M55	Bruce Campelia	30.05
	Frederick Monesmith	31.87
M70	John MacDonald	31.49

	Walter Palmer	34.64
W40	Renee Henderson	26.56
W45	Kathleen Shook	28.93
	Win Persina	32.15
	Louise Clark	32.67
W65	Kathy Bergen	32.30

400m

M35	Charles Sawyer	55.96
M45	Raymond Parker	54.98
	Darnell Smith	55.15
	Tom Pinzino	57.93
	Daryl Johnson	58.54
M50	Rick Easley	1:00.64
	Joe Rogan	1:06.06
M55	William Brower	1:03.50
M60	Ron Johnson	1:00.68
M65	Bill McIlwaine	1:14.81
M70	John MacDonald	1:08.95
W35	Nyarinda Adams	1:04.87
W45	Kathleen Shook	1:06.29
	Win Persina	1:06.65
	Katherine Willis	1:19.73
W70	Tami Graf	1:42.14

800m

M40	Scott Landis	2:06.26
	Kevin Forde	2:12.59
M45	Tom Pinzino	2:13.72
	Mark Baugh	2:19.66
	Rick Schultz	2:33.08
M50	Russ Patton	2:17.40
M55	Tony Plaster	2:18.06
	Harold Nolan	2:27.92
	Dennis Mellish	2:33.50
	William Brower	2:34.82
M60	Carl Landis	2:40.41
M70	Bruce Gilbert	3:02.12
M75	Jim Sutton	2:44.24
W45	Win Persina	2:39.99
W50	Wendi Glassman	2:54.86
W70	Tami Graf	3:48.45

Mile

M40	Kevin Forde	4:48.65
M50	Joe Burno	4:54.44
	Russ Patton	5:03.83
	Joe Kern	5:24.04
M55	Dennis Mellish	5:33.99
	Harold Nolan	5:36.42
M60	Carl Landis	5:59.24
M70	Bruce Gilbert	6:49.11

W45	Katherine Willis	6:28.96
	Karen Lein	7:16.72

3000m

M35	Chris Carroll	10:35.38
M40	Gene Tung	9:38.75
M50	Maurice Pointer	9:58.80
M60	Lou Coppens	11:45.64
M65	Victor Zwolak	12:07.46
W70	Tami Graf	15:58.49

60m Hurdles

M50	Al Cestero	10.11
M55	Bob Kortmann	10.30
	Robert Hahn	10.74
M70	Bob Paulen	11.44
M75	James Stookey	11.37
W45	Kathleen Shook	11.11

4x800m

M30-39 Pike Creek Valley RC
(Kyle Lanier, Tom Thomasson, Jeff Najarian, Kareem Lanier)

High Jump

M40	Robert Wright	1.37
M45	Randy Frey	1.67
	Rick Schultz	1.47
M50	Art Kress	1.47
	Al Cestero	1.42
M55	Bob Kortmann	1.32
	Frederick Monesmith	1.27
	Dave Friedman	1.11
M65	Bert Bergen	1.32
	Burr Daly	1.11
M70	Bob Paulen	1.21
M75	James Stookey	1.21
W35	Kimiko Nakatake	1.42
W65	Kathy Bergen	1.16

Pole Vault

M45	Brian Stone	3.20
M50	Don Severn	3.35
M55	Gerard Dunne	2.89
M60	Jeff Tindall	3.04
M75	Tom Rice	1.21
W50	Cheryl Meissner	2.74

Long Jump

M40	Bruce Mannon	4.98
M45	Brian Stone	5.53
	Rick Schultz	5.30
	Lovell Butler	5.04

	John O'Brien	4.83
M50	Al Cestero	5.15
	Krzysztof Kot	4.78
M55	William Brower	4.65
	Bob Kortmann	4.59
	Bernie Linner	4.40
	Gerard Dunne	4.07
	Dave Friedman	3.94
M65	Jim Kenney	3.90
	Burr Daly	3.40
M70	Bob Paulen	4.00
	Burt Hughes	2.81
M75	James Stookey	4.13
W35	Kimiko Nakatake	5.01
W45	Kathleen Shook	4.12
W50	Cheryl Meissner	4.22
W75	Gloria Krug	2.11

Triple Jump

M30	Mark Axt	14.77
M45	Brian Stone	11.13
M50	Krzysztof Kot	10.24
	Al Cestero	8.61
M55	Mauro Medina	10.52
	Bob Kortmann	8.72
	Dave Friedman	7.29
M70	Bob Paulen	8.46
	Burt Hughes	6.27
M75	James Stookey	8.16
W35	Kimiko Nakatake	10.04

Shot Put

M40	Robert Wright	10.85
	Glenn Ciripompa	8.84
M45	Iconomos Koullias	9.35
M50	Jay McKeen	13.58
	Dennis Hansen	11.59
	Carl Reichard	11.25
	George Castelli	10.74
M55	Michael Kalnas	10.49
	Frederick Monesmith	9.17
M60	Charles Roll	15.30
	Joe DeStefano	12.23
M70	Gerald Vaughn	14.90
	Ed Joyce	9.86
M75	Ray Feick	9.01
	Tom Rice	7.05
W45	Oneitha Lewis	11.94
W65	Roslyn Katz	6.47
W75	Gloria Krug	7.15

Weight Throw

M35	Dave Senay	14.85
M40	John Seto	9.70
M50	Jim Wetenhall	19.43
	Bob Cedrone	17.31
	Carl Reichard	15.93
	Dennis Hansen	11.26
M55	Dan Folk	9.26
M70	Ed Joyce	11.71
M75	Ray Feick	12.00
W45	Oneitha Lewis	15.15
W65	Roslyn Katz	13.08
W75	Gloria Krug	8.25

Superweight

M35	Dave Senay	9.43
M40	John Seto	6.43
M50	Jim Wetenhall	10.22
	Bob Cedrone	8.67
	Carl Reichard	7.38
	Dennis Hansen	6.64
M55	Dan Folk	4.21
M70	Ed Joyce	6.61
M75	Ray Feick	6.49
W45	Oneitha Lewis	9.63
W65	Roslyn Katz	5.68
W75	Gloria Krug	4.30

3000m Racewalk

M45	David Talcott	15:01.08
M60	James Carmines	16:56.97
	Joel Dubow	19:05.76
M75	Jack Starr	18:41.40