

Mid-Atlantic Quarterly



NEWSLETTER OF
USATF MID-ATLANTIC
3RD QUARTER/OCTOBER 2008



President's Message

By Ed Callahan

***I always loved running...it was something you could do by yourself, and under your own power. You could go in any direction, fast or slow as you wanted, fighting the wind if you felt like it, seeking out new sights just on the strength of your feet and the courage of your lungs.
~Jesse Owens***



As we enter the 2008 holiday season, I would like to thank you all for my four years as Vice President and my four years as President of Mid-Atlantic. It has been life changing for me. I am grateful to all of you for the chance to serve and the support that you gave along the way.

Our organization continues to be strong both in membership, financial strength and the ability to carry out its mission of serving our members. We also annually meet all the expectations that USA Track and Field has of us. They have recognized us with an award and we regularly have officials selected to work the most prestigious meets.

As I review my time with Mid-Atlantic and, especially my time in a leadership role, I think it is of the highest importance that we continue to carry out our mission with character and decency, that we develop a sense of fair play and character in our young, and that these beliefs be our heart and sole. We have seen how damaging the steroid issue has been to our sport and how recently lack of moral fiber has nearly driven Wall Street into another depression. I understand

these issues. I have been an athlete and I have been a vice president of one of the biggest investment banks on the street. Then and now, the long-term champions are always the individuals who every day do the work, do it with everything they have, do it honestly and fairly and give a helping hand to others when needed. I think I understood that about life and business in large part because of how I was brought up as an athlete. Athletes have special gifts. We need to demonstrate that we are grateful for these gifts. We need to show that they have made us better individuals, more understanding and more sharing as people. We need to believe every day that we are gifted members of a community to which we need to give back. When we do that, we show the world who we are. We also show ourselves because it is when we are at our best that we get that sense, from time to time, that says, "This is what I was born to do. This is why I am here." Those moments are the most special gift of all. Please keep believing that and working for them and we will always be strong.

And thank you, one last time, for the great gift that all of you have been to me.

Ed Callahan

LDR NEWS by Norm Green

At the time of this writing (October 14) 6 Off-Road Series events and 7 races on our Grand Prix Circuit have been completed. The most recent Grand Prix event was October 6 in Wilmington, DE. The Delaware Distance Classic (15km) had 54 members competing with 5 clubs fielding a scoring team.

Age-graded leaders among the 102 women are:

Joy Hampton	511.015
Carolyn Bujak	504.371
Rita Alles	485.719
Chantal Reme'	483.795
Eleanor Beason	445.184

And among the 205 men, we have:

Greg Vitali	553.408
Ian Stevenson	512.080
Terry Kelly	511.480
James Flanagan	490.936
Michael McGrath	488.554

Club Challenge scoring at this time finds the following:

South Jersey AC	2850.712
Runaway Success	2716.376
Pike Creek Valley R C	2665.973
Greater Philadelphia T C	2598.145
Pineland Striders	2532.855
Rosemont Running Club	2188.469
Bucks County Road Runners	771.875
Moorestown Distance Running	717.061
Bryn Mawr Running Club	446.055
Wissahickon Wanderers	343.002

The Radnor Red 5k Steeplechase event in our Off-Road Series was held on October 12. We had 40 members finishing this event.

After 6 events our Off-Road Club Challenge stands at:

Rosemont Running Club	1947.034
Pike Creek Valley R C	1833.168
Pineland Striders	1644.311
Greater Philadelphia T C	1316.641
Wissahickon Wanderers	1083.295
Buck County Road Runners	949.511

Among individuals, Helen Cheung and Daryl Weaver lead the Open Category, Leah Whipple and Jeffrey Hayes lead the Masters, while Diane Hardies and Larry Boyer lead the Seniors.

We dropped the PCL XC event originally scheduled for October 18. Therefore there will be only one more Off-Road event this year: the Delaware Open XC Championship (5k) on Saturday, November 29. It will serve as our Mid-Atlantic XC championship.

***"Any day
that I'm too
busy to run is
a day that
I'm too
busy."***



LEADERSHIP AND PO BOX CHANGES IN MID-ATLANTIC

In the September 24 annual meeting USATF Mid-Atlantic voted by acclamation the following slate of officers, effective January 1, 2009.

A. Monique White will serve as President, Michael Hemsley will be Vice-President; Ken Yerger, secretary, Harold Adams, Treasurer, and Norm Green, Financial Secretary will continue their present offices. Ed Callahan assumes the position of Past President.

Norm Green became Membership Chair, Processor, and Sanctions Administrator, effective September 25, with the resignation of Michael McCloskey. In keeping with that change, the mailing address for the association has been moved to PO Box 662, Southeastern PA 19399-0662.

You are encouraged to toss out all outdated forms that reflect previous addresses for the association. Our website contains updated forms for membership, clubs, sanctions, etc.

MEMBERSHIP NEWS by Norm Green

November 1 begins the next membership year. Membership applications now will be effective through the full year of 2009. To enjoy a discounted membership, you must pay for a multiple-year membership. The following represent the current pricing schedule:

	1 year	2 years	3 years	4 years
Adults	\$29.95	\$54.95	\$79.95	\$99.95
Youth	19.95	39.90	59.85	79.80

Your USATF membership card reports your expiration date in the lower right corner. Membership renewal is easy. You can renew online at www.mausatf.org, using the "join" button and paying with any of the 4 major credit cards. Or, you can download a paper application from the same website, and mail it with your check or money order to PO Box 662, Southeastern PA 19399-0662.

The current USATF Mid-Atlantic membership stands at 2,135—a figure more than 100 less than this same time in 2007 and 800 less than in 2006. Needless to say, we have work to do to promote membership renewals and member recruitment.



Runners just do it - they run for the finish line even if someone else has reached it first.
~Author Unknown



RECERTIFICATION FOR 2009-2012 OLYMPIAD

Dear Officials:

Yes, it is that time again to recertify for the next (2009-2012) Olympiad. I have gotten a lot of questions regarding the process and hopefully this will clear up the process for you. Everyone will be required to take a test in order to be recertified. A resume, the application and application fee (\$65, made out to Mid-Atlantic USATF) need to be submitted in order start the process. If a new photo is desired it can be emailed to me at kyerger@yahoo.com. The tests are based upon the level of certification of the official, i.e., Association, National, or Master level. One test only need be taken for track & field events. The National Committee has introduced some specialty test such as LDR, W&M, Referee, Electronic Measurement, and RW. If you are currently certified in one or more of those areas and wish to continue it you must also take those tests. Anyone looking to upgrade must take the appropriate test. Requests for upgrades will be reviewed by the Mid-Atlantic Officials Committee. A resume justifying the requested venues and certification level is also to be included for review by the officials committee.

The new tests are based upon the 2008 USATF rulebook. If you need a copy I will send a copy to you. If you already have a copy and want a copy of the 2009 version please let me know and I will have them available at our annual meeting in March of 2009.

The tests can be found on line at the National Officials' Committee website at <http://www.usatfofficials.com/certification.html> or I can send hard copies to those who prefer. When sending them to me be sure to include your name on the results page. They can be either sent to me at the address below or if you are able, scanned and emailed to me.

Starting this Olympiad EVERYONE must be a current USATF member. The national certification chair will not accept an application without a 2009 membership number. I have enclosed a membership application if you need one. Please note that the membership fee and application form goes to our membership chair, Norman Green, Jr. at the address found on the form. If you have a multiyear membership Norm can give you your 2009 number starting November 2nd. We will need that number in order to complete the recertification process.

In closing we will need the following information to process your application:

- **Application (with 2009 membership number)**
- **Application fee (\$65 made out to Mid-Atlantic USATF)**
- **Appropriate level test**
- **Digital Photo (if an updated one is desired, this must be emailed to me as no "hard" photos will be accepted)**

Kenneth Yerger, Chair
Mid-Atlantic Officials Committee
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Collegetown, PA 19426
kyerger@yahoo.com
610-489-4320 (H)
610-489-5100, ext. 103 (Day)



**Most people
run a race to
see who is
fastest. I run
a race to see
who has the
most guts.**

**~Steve
Prefontaine**



USATF Mid Atlantic Adopts Bylaw Amendments Detailing Association Grievance and Disciplinary Proceedings

By Michael C. Hemsley, Esq., Chair, Law and Legislation Committee

At its meeting on August 27, 2008, the Association's Executive Committee acted to amend the Association's Bylaws to include provisions that detail procedures for 1) the removal of officers and committee chairs, and 2) grievance and disciplinary proceedings. These amendments were adopted as required by USATF to establish uniform minimum procedures relating to these topics.

The Mid-Atlantic Association amended its Bylaws at Article 8E to address procedures for the removal of officers and committee chairs. Article 12 was substantially amended, supported by a new Regulation 1, to provide greater detail in the process by which grievances and disciplinary proceedings which arise within the boundaries of the Association are managed. These documents will be available through the Association's web site. The following, however, is a summary of each.

Removal of Officers in Committee Chairs

The Bylaws now provide that an officer or committee chair may be removed for good cause by a two thirds vote of those delegates of USATF present and voting at an annual meeting or at a special meeting called for this purpose provided appropriate notice and inclusion of the vote in the agenda.

Grievances and Disciplinary Proceedings

Article 12 has been substantially revised restating the jurisdiction of the Association over disciplinary and grievance proceedings relating to matters that arise within the boundaries of the Association, except sexual misconduct allegations and doping violations which are under the jurisdiction of USATF. It reaffirms that the penalties imposed by the Association are effective only within the jurisdiction of the Association.

The Association's new Regulation 1 outlines in reasonable detail the procedures to be followed in addressing all disciplinary and formal grievance proceedings within the Association. That regulation again addresses the Association's jurisdiction.

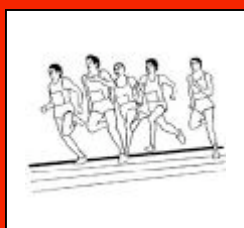
It contemplates the establishment of a three-member arbitration panel appointed by the President with the approval of the Board consisting of a chair, an at-large member and an athlete member; none of whom may be members of the Association's Board or Executive Committee. Bases for challenges to and for the removal of arbitration panel members are set forth.

The regulation goes on to identify the types of grievances which may be considered by the Association including violations of USATF Bylaws or Operating Regulations. Disciplinary matters are similarly addressed in the regulation including a one-year time limit within which grievance or disciplinary proceedings may be instituted. The regulation goes on to address the rights of persons or entities to the dispute or disciplinary proceeding including representation, the opportunity to present evidence, witness testimony, cross-examine witnesses and rights of appeal. The regulation generally describes the activities subject to discipline or grievance complaints and the necessary content of complaints and filing requirements. Again, notably, grievance complaints must be filed within one year from the time the complaining party knew or should have known of the act giving rise to the complaint. The opportunity for both informal and formal resolution of the matter is addressed.

Procedures for formal hearings are outlined. The goal is to have hearings held within approximately 50 days of the filing of the grievance or disciplinary action. The burden of proof in such matters is a preponderance of the evidence. Hearing panel decisions are expected within 15 days of the conclusion of the hearing. Appeals may be pursued pursuant to USATF Regulation 11-P.

The amendments and new regulation add substantial new detail and uniformity to the hopefully rare situation where a grievance or disciplinary proceeding is initiated. These amendments will enable the Association and all involved in such matters to proceed with clarity around the process toward a reasonably prompt and fair proceeding for all involved. Again, readers should rely on the Bylaw amendment and regulation as authoritative on these topics rather than this brief summary.

**Mid-Atlantic
Quarterly**



We're on the Web!

See us at:

www.mausatf.org

**USATF MID-ATLANTIC
PO Box 662
Southeastern PA
19399-0662**



TRACK & FIELD OFFICIALS TRAINING

Penn State University, their Track & Field Coaches, and the Mid-Atlantic Association of USATF Officials Committee announce a training clinic for those interested in becoming certified USATF track & field officials. It is open for those with no or little experience in officiating, or even those that might want to hone their skills. The clinicians will be master level officials with extensive experience at all levels of track & field officiating and will be offering hands-on training at various venues within the Ashenfelter multi-sports facility (Indoor Track) on December 13th at 10:00 AM. The clinic is expected to last 3 hours and will be followed by working at the Penn State Blue White Intrasquad track meet.

At the completion of the clinic materials will be available to apply for certification as a USATF Association level official.

There is no cost for the clinic and the application fee for certification of \$65 covers the Olympiad (4 years), 2009-2012. Membership in USATF is required for certification and will provide liability insurance as an official. Membership is \$29.95/year. Bringing these fees to the clinic will facilitate the certification process.

Penn State hosts many prominent meets and this coming year is no exception as they will be hosting the Big Ten Men's Indoor Conference Championships. This is your chance to be a part of one of the most prestigious conference championships in the country. Anyone interested in participating please contact Jess Riden at jnr126@psu.edu or 814-883-6616. See you in December!

USATF Mid-Atlantic Executive Committee

Ed Callahan – President

A. Monique White -- Vice President

Norman Green – Financial Secretary

Ken Yerger -- Secretary

Harold Adams – Treasurer

Mike Hemsley – L & L Chair

Bob Delambily - B&F Chair

Norman Green – Membership

Celeste Battle -- Youth

Earl Williams - Past-President

About USATF Mid-Atlantic

Mid-Atlantic is the local association for USA Track & Field (USATF), which is the National Governing Body for track and field, long-distance running and race walking in the United States.

USATF Mid-Atlantic serves the State of Pennsylvania east of and including Potter, Clinton, Centre, Huntingdon, and Bedford counties, and the State of Delaware, as well as our membership in New Jersey.
