



USA Track and Field Mid-Atlantic Association Northeast PA Area Junior Olympics Preliminary Qualifier Saturday, June 4th, 2011

Location & Directions

Wallenpaupack Area High School
2552 Route 6
Hawley, PA 18428

Time

Registration & packet pick up: 7:45am –8:45 am
Events begin promptly at 9:00 am

Volunteers Needed

We need your assistance to make this meet a success!
Sign up to volunteer at packet pick-up or send contact information to meet contact. Larger teams are requested to provide 1 volunteer for every 10 athletes registered.

Registration and Cost

Register: contact meet director to obtain registration form via e-mail

Pre-Registration: 1 event = \$4.00, 2 events = \$8.00

* 3 or more events = \$10 total

On-Site registration IS NOT PREFERRED, but will be accepted: \$5/event

Maximum 3 events sub-bantam to midget, 4 events youth and up.

NO REFUNDS

Contact

Bernie Bieski

Email: bieskibe@wallenpaupack.org or bbieski@ptd.net

Phone: 570-510-1379

<http://www.mausatf.org>

Order of Events on page 2

Age Divisions 2011

| Age Group | Birth Year |
|-------------------|------------|
| • Sub-bantam | 2003+ |
| • Bantam | 2001-2002 |
| • Midget | 1999-2000 |
| • Youth | 1997-1998 |
| • Intermediate | 1995-1996 |
| • Young Men/Women | 1993-1994 |

*Athletes born in 1992 are also eligible if they do not turn 19 on or before 7/31/2011

USATF Membership

Team and Individual Athlete USATF membership with Date of Birth verified are required to compete in the Junior Olympic Series

Awards and Advancement

For each event and age group:
Junior Olympics ribbons for 1st-6th place

This meet is a Junior Olympic Qualifier meet.

Participation in Preliminary Qualifier is Mandatory to enter the Association Championships on June 25th at West Chester University, West Chester, PA. Marks achieved at this meet must be used for seed entry when entering the Association Championship

Advancement Process for 2011: Registration and advancement to the 2011 Association, Region 2, and National Championship will be **ONLINE ONLY**. You must enter and pay for Association Championship by **Wed, June 15th, 2011 at 12 midnight ONLINE. Flyer with full details regarding online advancement/entry to the Association Championship will be outlined in meet packet and online at mausatf.org**



USA Track and Field Mid-Atlantic Association

Northeast PA Area

Junior Olympics Preliminary Qualifier

Saturday, June 4th, 2011

Order of Events

Track Events

Age Groups

| | | |
|----------------------|-----------------------|-------------------------|
| 5000 M Run | Automatic Advancement | YM |
| 3000 M Run | Final | MG MB YB IG IB YW |
| 3200 M Relay (4x800) | Final | MG MB YG YB IG IB YW YM |
| 200 M Hurdles | Final | YG YB |
| 400 M Hurdles | Final | IG IB YW YM |
| 200 M Dash | Final | All divisions |
| 800 M Run | Final | All divisions |
| 80 M Hurdles | Final | MG MB |
| 100 M Hurdles | Final | YG YB IG YW |
| 110 M Hurdles | Final | IB YM |
| 100 M Dash | Final | All divisions |
| 400 M Dash | Final | All divisions |
| 1500 M Run | Final | All divisions |
| 1500 M Racewalk | Automatic Advancement | BG BB MG MB |
| 3000 M Racewalk | Automatic Advancement | YG YB IG IB YW YM |
| 400 M Relay (4x100) | Final | All divisions |
| 4x400 M Relay | Final | All divisions |
| 2000 M Steeplechase | Automatic Advancement | IG IB YW YM |
| | | |

Field Events

Age Groups

| | | |
|---|-----------------------|--|
| Long Jump | Final | All divisions |
| High Jump | Final | BG BB MG MB YG YB IG IB YWYM |
| Triple Jump | Final | YG YB IG IB YW YM |
| Shot Put | Final | All Divisions (2kg shot for Subbantams NEW!) |
| Discus | Final | MG MB YG YB IB IG YW YM |
| Javelin | Final | YG YB IG IB YW YM |
| Turbo Javelin | Final | SBG SBB BG BB MG MB |
| Pole Vault | Automatic Advancement | YG YB IG IB YW YM |
| Hammer Throw | Automatic Advancement | IG IB YWYM |
| Multi-events (Triathlon, Pentathlon, Heptathlon, Decathlon) | Automatic Advancement | BG BB MG MB YG YB IG IB YWYM |